



Weekly Newsletter



#29 3.5.24

Dear Cherry Orchard pupils, parents and carers,

This week has been yet another busy one; I think we shall all enjoy the extended Bank Holiday weekend!

I would like to thank the families of children in Yrs 3, 4, 5, and 6 for their support with the iPads. Most children have quickly adjusted to the routine of taking them home each night and bringing them back fully charged. Please continue to support your children. We are finding this hugely helpful and it has been a privilege to watch the children and staff working together to build their skills and confidence with the application of these devices.

Today we have been wishing Miss Pinfield (3C) well, as she leaves school to begin her maternity leave. Mrs Saunder returns from her maternity leave on Tuesday and will be taking over as class teacher in 3C in Miss Pinfield's absence. We look forward to finding out about baby Pinfield in due course!

Next week, we look forward to a school tour at 9:30am on Wednesday for prospective parents, RR's class assembly on Thursday and a Phonics session for Y1 parents at 2:30pm on Friday – another busy week!

Please enjoy the extended weekend. We look forward to seeing the children back in school on **Tuesday**.

Have a great weekend.

Karen Banford

Calendar of Events

Date	Event
Wed 24th Apr (until 10th July)	4R swimming
Thurs 9th May	RR class assembly 8:55am in the hall
Fri 10th May	Phonics session for Y1 parents with their children in class at 2:30pm
w/b 13th May	Year 6 official SAT testing
Mon 20th May	Year 6 trip to the Hive
Tues 21st May	Parent forum meeting 8:45am all welcome
Thur 23rd May	Year 6 sculpture gallery open for parents 2:30
Fri 24th May	INSET day. School closed to pupils
27th-31st May	Half term holiday. Return on 3rd June
Mon 3rd June	COSA meeting 7:30pm all welcome

Weekly attendance:

Whole school: 95.77%
(down on last week)



Best year: Year 3 with 97.6%.

Best class: 3R with 99.2%

Well done.



We recognise the additional challenges which some of our families face. Our in-school certificates celebrate the full range of attendance.

Housepoints:

Severn 337

Avon 352

Teme 282

Overall winners: Avon

KS 1 winners: Severn

KS2 winners: Avon

This week at school....

In Reception

Our Reception classes seem to have been invaded by aliens in underpants this week!



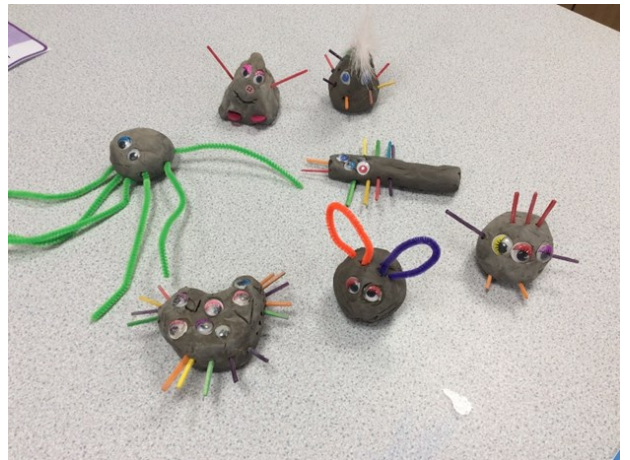
There have been all sorts of strange goings on!

They have been finding doubles in COOL time.

They have designed, made and evaluated alien sculptures from clay in DT.



They have made galaxy artwork by smudging chalk pastels with their fingers.



They have measured wriggly worms during COOL time.

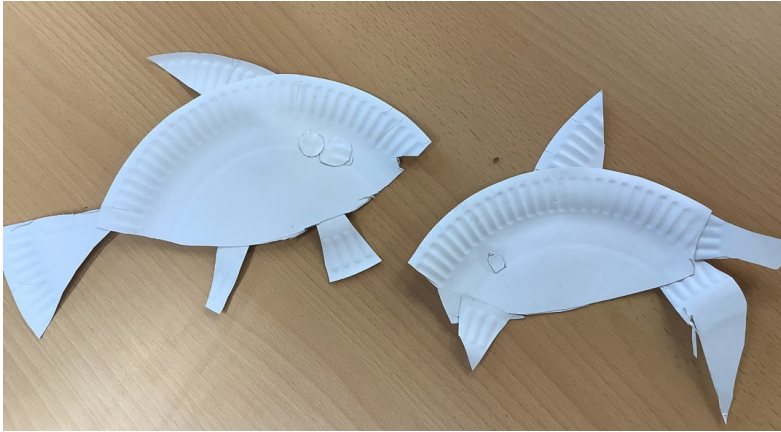


Cherry Orchard Primary School - Timberdine Close, Worcester, WR5 2DD

office-co@riverscofe.co.uk Telephone 01905 352787

In Year 1

It's been a very busy week in Year 1.



This week in Year 1, we have been continuing our Art unit on sculpture. We had a go at making our own sculptures out of paper plates. Here are our sharks!

We have also been watching our new arrivals 'The Caterpillars', very carefully in our classrooms- they are growing so much already!

As part of our ongoing Science unit of Seasons, we took some time this week to reflect on our predictions for the season of Spring and think about what we will see in Summer.



We took our iPads outside and photographed lots of things that link to the season of Spring. We look forward to feeling some warmth and eating ice creams in the Summer weather soon!



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In Year 2

Year Two enjoyed developing their knowledge of colour by identifying cool and warm tones within the colour wheel. They were then able to select and mix appropriate tones to complete a selection of different landscapes. We loved seeing their final pieces!



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In Year 3

This week Year 3 visited Year 5 to share their writing about flying machines. They read and discussed their work with their Year 5 partners very confidently. They have also been practising painting techniques for their Baroque topic in art..



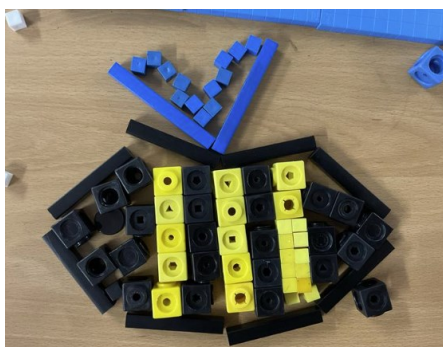
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In Year 4

In Art this week, we learnt about an artist called Jane Perkins, who creates collages with an element of fun and the unexpected.

We created a 'secret collage' using objects from our classroom, placing them carefully on our tables. At the end of the lesson, we had a class gallery where the other children had to guess what our collage was!



Year 5 English



This week, Year 5 have been immersing themselves in their latest text, 'Eye of the Wolf' by Daniel Pennac. The children have collected effective vocabulary, considered pertinent questions (using their inferences from the text) and delved into the chronology of key events encountered so far.

Also in Year 5

Well done to the Year 5 pupils that passed their Level 2 Bikeability last week. They were very sensible when riding on the quieter roads around school. Knowing the rules of the road and keeping themselves safe when cycling is a great skill for life.



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In Year 6

This week, Year 6 have made a start on their final art project: creating abstract human figures that capture a movement using different gauges of wire.



CELEBRATION

Class	Worker of the Week	Star of the Week
RC	Elowen	Max
RO	Finley	Hamdan
RR	Amelie	Tommy
1C	Caua	Gillian
1O	Lorenzo	Lilly
1R	Annie	Zayn
2C	Layla	Roman
2O	Toby P	Toby SP
3C	Holly	Jackson
3O	Paige	Maisie
3R	Albert	Nathan
4C	Abeli W	Tilly
4O	Joseph	Isla
4R	Warren	Zayne
5C	Karley	Poppy
5O	Tamara	Bridget
5R	Teddy	Zara-Blue
6C	James	Owais
6O	Harry	Jessica
6R	Imogen	Zachary



VOLUNTEERS NEEDED

In the second half of Summer Term, Year 6 will be working hard to design and make all the elements of a themed racing boxcar team. We will be competing against Year 6 classes from all the schools in the Trust. Can you volunteer any time to offer your expertise, guidance and help to the children to make the most exciting products possible?



Please see this table of days that we need you and what you might expect to be doing on that day.

Day number	Food Technology Team	Textiles Team	Structures Team	Mechanisms Team
Day 1 Monday 3 rd June	No additional help needed	No additional help needed	No additional help needed	No additional help needed
Day 2 Tuesday 11 th June	No additional help needed	No additional help needed	No additional help needed	<u>Volunteers Needed</u> Plan and make scale models of boxcar options. Finalise design choices (steering/braking) Source materials
Day 3 Monday 17 th June	<u>Volunteers Needed</u> Cooking Test Menu Evaluating Final Decisions	No additional help needed	<u>Volunteers Needed</u> Finalise design choices. Source <u>materials</u> Begin structure making	<u>Volunteers Needed</u> Source/Prepare materials (sanding, shaping etc) Begin to make boxcar (consider steering/braking systems)
Day 4 Monday 24 th June	No additional help needed	<u>Volunteers Needed</u> Making drivers costumes Making banners/flags	<u>Volunteers Needed</u> Make full size structure. Consider how it will join to boxcar	<u>Volunteers Needed</u> Making boxcars. Consider joining of structure.
Day 5 Wednesday 3 rd July	<u>Volunteers Needed</u> Buying Ingredients Step by Step planning final cook	<u>Volunteers Needed</u> Making drivers costumes Making banners/flags	<u>Volunteers Needed</u> Finish making <u>structure</u> Design <u>make</u> further embellishments Final touches	<u>Volunteers Needed</u> Finish making boxcars. 1 st Test, evaluate and adapt as necessary. Consider joining of structure.
Day 6 Tuesday 9 th July	<u>Volunteers Needed</u> Big Cook Day – making the final food that will be taken to Shelsley Walsh	<u>Volunteers Needed</u> Making drivers costumes Making banners/flags	No additional help needed	No additional help needed – in school safety testing.

Please bring with you anything that might be useful (sewing items, drills/screws etc – please note that the children should not use power tools unless under strict supervision). These are practical sessions working with approximately 8-10 children – you do not need to be an expert, just willing to practically get involved and offer guidance.

We are exceptionally grateful for any time you can spare to help us with this project. Please email HPalmer@riverscofe.co.uk if you are able to come in on any of these days.

Year 6 Team

Attendance

What YOU (as parent/carer) must do:

Try to telephone the school before 8.30am each day of your child's absence.

Tell the school in advance, of any medical appointments and bring in appointment cards/letters.

If you are not sure whether your child is well enough to attend school, send them in anyway as they often perk up on arrival.

Have a backup plan for if your child misses transport, call on a family member, neighbour or friend.

If you and your child are experiencing difficulties with school attendance then talk to us as a first step so we can help!

What WE (in school) will do:

Check your child's attendance every day.

Phone home to discuss your child's attendance with you.

Invite you into school for attendance meetings if we are concerned.

If we cannot establish a reason for absence, then we may make a welfare home visit.

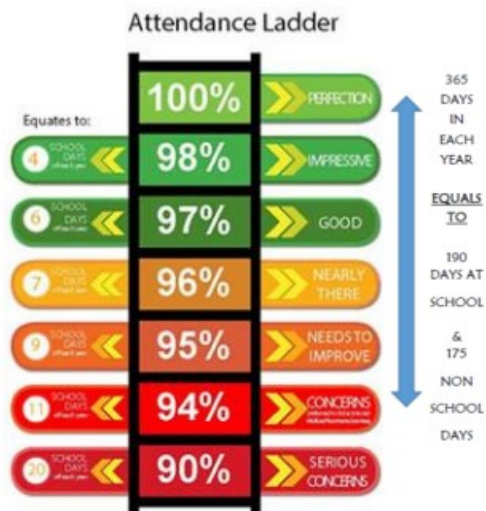
Cherry Orchard Primary School

Attendance Procedures

Attendance Matters:

At Cherry Orchard Primary School, we believe that good attendance is vital for all children to be confident, happy and independent learners. Good attendance is 97% or above – no more than 6 days off school in a year. Our aim is to give a clear and consistent message to parents/carers and children in our school, which we will constantly reinforce in our day-to-day work.

Good attendance is a priority at Cherry Orchard and our target is to achieve **97% or above** by the end of this academic year. It is an expectation that all children attend school every day because 'Every minute of every day matters'.



What is expected of Parents and Carers at Cherry Orchard Primary School:

- **Good attendance** – Parents/carers have a legal duty to ensure that their child/children are in school every day as it is vital for learning and promoting essential life skills
- **Good punctuality** – Parents/carers have a responsibility to ensure that their child/children arrive on time each day in school (so lessons can start at 8:45am) and are prepared for the day ahead
- **Medical/Hospital/Dental Appointments** – Where possible, and unless in an emergency situation, appointments should be taken outside of school hours or in holiday periods. Appointment letters/notifications should be provided to the school office when notifying us of the absence.
- **Absences due to illness** – Parents/carers have a duty to notify the school if their child/children are absent for any reason and this needs to be done as soon as possible and certainly before 9:15am. School will contact parents/carers if notification is not received by this time.
- **Holidays** – Holidays are not permitted in school term time. All holidays are unauthorized except in exceptional circumstances.

Reminders/information

School gates open at 8:30am and will close when children should be in class at 8:45am. This is when lessons start and the register is taken. The gates will be open again at 3:05pm for a 3:10pm finish for Reception children and a 3:15pm finish for all other year groups. Please try to be prompt in the mornings so that all opportunities for learning are able to be taken and in the afternoons by standing away from the building, close to the areas where your child will be released.

Please try to discourage the bringing of toys/non-school items into school. They can go missing or get broken, meaning the children can get upset. Please keep them for home.



Please try NOT to drive down Timberdine Close in the mornings unless you have a parking permit for the school as there are not places to turn safely around. We have been asked to pass on that the NHS have had their entrances blocked and there have been some near misses with both children and vehicles, and, as a result, the community police officers will be doing some spot patrols.

Cherry Orchard Primary School and Little Cherries Pre-school



Our Facebook username is cherryorchardps, as is our Twitter username. Please search us out to see what is going on on our pages. We try to post to both types of media just to keep the world up-to-date with the amazing things going on in school.

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Summer term clubs 2023-24

Club	Day	Time	Year group/s
Art	Monday	Lunch time	Reception
Choir	Tuesday	3:15-4pm	All R-6
Forest School	Monday	3.15-4pm	Years 1 and 2
Multi-skills/sports club	Thursday	3:15-4pm	Years 1 and 2
<u>Numbots</u>	Tuesday	Lunchtime	Year 2
Art	Wednesday	Lunchtime	Year 2
Cricket	Monday	3:15-4:15pm	Years 3 and 4
Story Club	Monday	3.15- 4pm	Years 3 and 4
Times tables club	Monday	Lunchtime	Year 4
Marathon Club	Tuesday	3:15-4pm	Years 3, 4, 5 and 6
Sign Language	Thursday	3:15 – 4pm	Years 3, 4, 5 and 6
Yoga	Monday	3.15-4pm	Year 5
Tennis	Monday	3:15-4:15pm	Years 4 and 5
Library Club	Tuesday	3:15-4pm	Year 5
Athletics	Thursday	3:15-4:15pm	Years 5 and 6
Orchestra	Friday	3:15-4:15pm	Existing members only

Chargeable club. Please ensure this has been paid on ParentPay before the first session.

Clubs will run for 10 weeks (9 for Monday clubs and Sign Language) from 22nd April not including half term holiday week, which is the week beginning 27th May. We will endeavor to give you as much notice as possible if any have to be cancelled /rearranged. If it is wet and the club would be outside, we will make alternative provision inside, so the club will still run.



A message from COSA

Join us for our schools annual summer fundraising event of the year, Cherry Bounce! Our summer event will be taking place slightly earlier in the term than in previous years to allow for end of year activities to be spread out a little more. That doesn't mean less fun though! If you've been to our previous summer fayres you will still find most of the usual activities you'd expect on offer at Cherry Bounce, including the infamous year 6 games, ice cream van, coffee truck, fish and chips, children's performances, garden games, tombola's and this year extra inflatables!! So pop the date in your diary and as ever we'll be sending out more info including how to volunteer in due course. We look forward to seeing you all there!

The COSA team

CHERRY BOUNCE



Friday 21st June
4.30pm – 6.30pm

CHERRY ORCHARD PRIMARY SCHOOL

ENTRY £1 PER ADULT
CHILDREN FREE!*

*Charges apply for
the inflatables &
stalls

JOIN US FOR LOTS OF FUN!

Inflatable Circus Box
Giant Slide
Football Rodeo
Fish & Chips
Ice-cream and
Beat the Goalie!

Year 6 Performance
Obstacle Course
Coffee Cart
Bouncy Castle
Drinks and
Games!



FUNDRAISING FOR COSA
CHARITY REGISTRATION NO. 1098165



FREE TASTER SESSIONS
AVAILABLE!

AS SEEN ON

cbeebies
BBC



MAKE YOUR CHILD'S DEVELOPMENT MORE FUN!

TRY RUGBYTOTS

We are running weekly rugby play classes at Cherry Orchard Primary School on Saturday mornings from May. Book a FREE TASTER before joining as a member...

0345 313 9676

worcs@rugbytots.co.uk

For boys & girls

1.5-5yrs



rugbytots.co.uk

The world's favourite rugby play programme

Need some support? Some helpful places to go....

The Wellbeing Hub - Schools - Teen Tips




The Wellbeing Hub
— from Teen Tips —




This week's content Week commencing 6th May

Podcast: Self-esteem and building positive friendships.
Kate Megase, Psychotherapist and Author of 'Dump the Baggage'







Starting Well Partnership
EVERY CONTACT SHAPES A LIFE

Understanding your Teen's Behaviour Workshop

Tools & tips to live a calmer life with your teenagers.

- Teen brain development
- Risk taking
- Communication
- Sleep patterns

Suitable for families with children from 10-19 years

Two-hour face-to-face workshop

Thursday 20th June


9:00-11:00

Cherry Orchard Primary School

WR5 2DD


Cherry Orchard families will be given priority spaces.

To book your place, please scan the QR code or via <https://www.trybooking.com/uk/DKIP>




Please contact Tanya at tanya.japel@actionforchildren.org.uk for any more information

Provided by:



Herefordshire and Worcestershire Health and Care NHS Trust

Delivered on behalf of



worcestershire county council

EVERY CONTACT SHAPES A LIFE

For parents of Year 5 and 6 children ONLY:

You are invited to join us for a parent workshop on 'Understanding your Teen's Behaviour', run by Starting Well Partnership. This is suitable for Y5 & 6 parents and begins to explore the development of Teen's behaviour as your children grow. We are really pleased that this is being hosted at **Cherry Orchard on 20th June at 9am**, and Cherry Orchard parents getting priority booking. Please use the link/QR code to book onto this. We look forward to seeing some of you there!

The following pages are screenshots of the help and support we can signpost our families to (used to be called our Early Help offer). The links won't work in this format but they can be accessed from our website page (called Supporting Families under the Parents tab at <https://www.cherryorchard-pri.worcs.sch.uk/>) so please visit if you want to find out more.



Starting Well Partnership
EVERY CONTACT SHAPES A LIFE

Sleep Workshop



Provided by:



In partnership with:



Do you have a child aged 2-6 years?

FREE One-off sessions available to parents and carers

A 2 hour Digital Session on Microsoft Teams

Thursday 9th May

9:30am - 11:30am

To book your place on the session please go to TryBookings Website:
[Dashboard](#) | [TryBooking](#)

Follow the link:

[Starting Well Partnership Worcs - SLEEP Workshop Tickets | TryBooking
United Kingdom](#)

Or

Scan the QR Code:





Cherry Orchard Primary School and Little Cherries Pre-school



Support for Children and Families

Key Personnel and job roles

Karen Banford - Head Teacher and Designated Safeguarding Lead

Caro Jeynes - Deputy Head Teacher and Deputy Designated Safeguarding Lead

Emma Rowe - Assistant Head Teacher and Deputy Designated Safeguarding Lead

Clare Spencer - Assistant Head Teacher, SENDCo, Designated Teacher for Looked After Children and Deputy Safeguarding Lead

Our Early Help Offer

Early Help is a pathway to supporting you and your child as they grow up when you or they may need further support or guidance.

Providing early help to our pupils and families at **Cherry Orchard Primary School and Little Cherries Pre-school** means we can improve outcomes for children, families, and communities, providing support as soon as a problem emerges, at any point in a child's life, from the early years through to teenage years.

Early Help can support children and their families who may be struggling with:

- Routines and family rules
- Keeping to a healthy lifestyle
- Children who are caring for a family member
- Children who may not want to go to school for different reasons
- Disability within the family including children being a young carer
- Children in the family have special educational needs (SEND)
- Families who may be not be eating healthy food
- Children who may becoming involved in anti-social or criminal behaviour
- Children who go missing from home
- Children or parents / carers misusing drugs or alcohol
- Children at risk of being tricked, forced, or made to work in the criminal world
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems
- Children who have parents who argue a lot (and sometimes might hurt each other) whether the parents live together or apart
- Children at risk of being groomed to join groups which support illegal views
- A privately fostered child (a child from another family living within your family home)

Early help relies upon local groups and people in the community, sometimes we work together to help children, young people, and their families.

Everyone needs help at some time in their lives and therefore an ethos of early help is important for any school.

Help and support at Cherry Orchard

The staff team at Cherry Orchard Primary School and Little Cherries Pre-school, will provide you with support and guidance - please ask one of the team if you need help with issues such as attendance, behaviour, routines at home, financial difficulties, bereavement and counselling etc

Staff are trained to seek further advice and guidance if they do not have the relevant information to hand. The senior leadership team have additional skills and training to help with more specialised situations or levels of support. **Please remember, we are all here to help – just ask!**

Local Services – useful contact details

Local Children's Centre Saffron Children's Centre Stanley Road Primary School, Stanley Road, WR5 1BD	What's on during the school holidays? Holiday clubs at Cherry Orchard Primary School including provision at Little Cherries Pre-school Local Sports Centre:- St John's Sports Centre, Swanpool Walk, WR24EL Worcester Wood Country Park, WR52LG Country side park and café. Admission is free with parking open from 5:00am – 10:00pm.
Perdiswell Young People's Leisure Club Perdiswell Park, Droitwich Road, Worcester WR3 7SN 01905 451372 info@pyplc.co.uk	Worcester Foodbank 7 Lowesmoor Wharf, Lowesmoor, Worcester, WR1 2RS Email: info@worcester.foodbank.org.uk Phone: 01905 780400

<p>Early Help Family Support District Team – Worcester and Malvern</p> <p>Request for Early Help Services - Worcester (worcschildrenfirst.org.uk)</p> <p>Here2Help</p> <p>If you need help or advice call Here2Help on 01905 768053. The Here2Help opening hours are Monday to Thursday 9.00am to 5.00pm and Friday 9.00am to 4.30pm.</p>	<p>Worcester Library</p> <p>The Hive, The Butts, WR13PB</p>
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<p>Early Help Family Support Service:</p> <p>The Early Help Family Support Service is delivered by Worcestershire Children First directly to families permanently living in Worcestershire who have children aged 0-18 years old and need help and support specifically from a Family Support Worker. For more information, please visit: Worcestershire Children First Early Help Family Support Service Worcestershire County Council</p>

Health (including mental health, emotional wellbeing, and sexual health)

The **Starting Well Partnership** offers a range of health services which support both children and families experiencing a range of health issues.

[Worcestershire Health Visiting Service | Starting Well \(startingwellworcs.nhs.uk\)](http://Worcestershire Health Visiting Service | Starting Well (startingwellworcs.nhs.uk))

If your child is under 5 years old and you need advice on issues such as feeding, behaviour, or toileting you can contact the **Telephone Advisory Service** on 0300 123 9551 (Monday – Friday 9am til 3pm). A Health Visitor will assist you over the phone with any worries, concerns, or questions you have.

[School Health Nursing | Starting Well \(startingwellworcs.nhs.uk\)](http://School Health Nursing | Starting Well (startingwellworcs.nhs.uk))

School health nurses offer a range of services such as home visits, health needs assessments, time4u drop-in service, school aged hearing and national child measurement programme to support the needs of children and their families.

[Text service supporting young people | Starting Well \(startingwellworcs.nhs.uk\)](http://Text service supporting young people | Starting Well (startingwellworcs.nhs.uk))

Chat health is a free and confidential text service for young people in need of advice or support. To confidentially contact your school nurse, text: 07507331750

[Social Prescribing: Onside Advocacy, Worcestershire \(onside-advocacy.org.uk\)](http://Social Prescribing: Onside Advocacy, Worcestershire (onside-advocacy.org.uk))

Social Prescribers support you to take control of your health and look after yourself by making connections with the different types of community support available.

[CAMHS | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](https://www.hacw.nhs.uk)

CAMHS provides mental health help to children, young people and their families across Herefordshire and Worcestershire

[Home - Kooth](#)

Kooth is an online mental wellbeing community which offers free, safe, and anonymous support.

[Reach 4 Wellbeing | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](#)

The **Reach4Wellbeing** team promotes positive wellbeing to reduce the stigma of mental health by providing short-term group programmes for children and young people age 5-18 experiencing mild to moderate anxiety and low mood.

[Papyrus UK Suicide Prevention | Prevention of Young Suicide \(papyrus-uk.org\)](https://www.papyrus-uk.org)

Papyrus can offer suicide prevent support providing free and confidential helplines, advice, webchats, and resources.

[Home | Healthy Minds \(whct.nhs.uk\)](https://www.whct.nhs.uk)

Healthy Minds' 24/7 mental health helpline provides support or advice if you, or someone you know, is experiencing a mental health crisis and needs urgent help. Its available 24 hours a day to anyone in Herefordshire and Worcestershire.

[Winston's Wish - giving hope to grieving children \(winstonswish.org\)](https://www.winstonswish.org)

Winston's Wish provide support for children and young people following the death of a sibling, parent, or a person important to a child.

[Sexual Health Know Your Stuff | Sexual health | Worcestershire County Council](#)

[Worcestershire Integrated Sexual Health Service \(WISH\) | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](#)

WISH offer friendly and non-judgemental specialist services to support with information and advice, contraception, pregnancy, STIs and screening.

Under 21 Saturday Service - Clinic telephone lines are open between 10:00am – 12:30pm on Saturdays - Please call: 01905 681673 for further details.

Young People have a telephone consultation and are asked questions about their relationships. Callers will be advised what to do next and directed towards a clinic if necessary.

WISH have a dedicated Outreach nursing service. Referral forms can be found at www.knowyourstuff.nhs.uk. The Outreach team see young and vulnerable people who couldn't otherwise access sexual health services.

Free STI test kits and contraception: [SH:24 Free Home STI STD Test | Sexual & Reproductive Health \(sh24.org.uk\)](https://www.sh24.org.uk)

Bullying (including Cyberbullying)

If you are concerned your child or a child, you know is being bullied there are several services and useful links which can help you support your child as a parent.

In the first instance if bullying is happening at school, please speak to a member of staff who will be able to help.

The following links will provide you with more information if you or someone you know is being bullied:

[Is your child or someone you know being bullied? | Worcestershire County Council](#)

[Are you being bullied? | Worcestershire County Council](#)

[Cyberbullying | Worcestershire County Council](#)

[Kidscape | Resources and Publications](#)

Online Safety

If you have concerns around the safety of your child or a child you know online, the following links will provide you with information, support, and advice to help understand the risks and keep your child safe online:

- [Think U Know | Information for parents](#)
- [Online safety | Barnardo's \(barnardos.org.uk\)](#)
- [Educate Against Hate](#)
- [www.internetmatters.org](#)
- [BBC | 8 tips for staying safe online](#)

Sexting is the sending or receiving of sexually explicit images, videos or conversations online.

[Sexting and sending nudes | NSPCC](#)

[Think U Know | Parents Sexting Guide](#)

Relationships

The following services and links offer information, advice, and intervention on healthy relationships for your family and children:

- [Healthy relationships | NSPCC](#)
- Challenges at home: [Harmony at Home – information and support for parent carers | Worcestershire County Council](#)
- CRUSH is an awareness raising and support programme to help young people make safe and healthy relationships. <http://www.westmerciawomensaid.org/crush/>
- [Relationships | The Family Hub | Worcestershire County Council](#)

Friendships and relationship in teenagers

Making friends and starting new relationships are a big part of getting older. It's very common to fall out with friends or break up from relationships – which can be very difficult to deal with. You might also be in a relationship that doesn't feel right and need some advice about what to do. The websites below contain lots of information about making friends, peer pressure, healthy and unhealthy relationships, sex and much more. There is also information available for parents around how to talk to your child about friendships, sex and relationships.

[Childline - Friends, relationships and sex \(opens in a new window\)](#)

[Disrespect Nobody - Signs to spot \(opens in a new window\)](#)

[NHS Choices - How to talk to your child about sex \(opens in a new window\)](#)

[NHS Choices - Sex and young people \(opens in a new window\)](#)

SEND (Special Educational Needs and/or Disabilities)

Our SENDCO at Cherry Orchard Primary School and Little Cherries, will be pleased to talk to you in confidence about the needs of your child/family – please contact them via the school office team. We offer telephone, email or face to face contact – we are happy to discuss any concerns however large or small they may be.

If you are looking for information or advice the following links will help you:

[SEND Information | Cherry Orchard Primary School \(cherryorchard-pri.worcs.sch.uk\)](#)

[SEND Local Offer | Worcestershire County Council](#) or contact localoffer@worcschildrenfirst.org.uk

SEND Information, Advice, Support Service [SENDIASS Worcestershire and Herefordshire \(hwsendiass.co.uk\)](#)

[Social care support for children with disabilities | Worcestershire County Council](#)



Parenting support



Health and wellbeing



SEND Local Offer



Housing and finances

The Online Family Hub has been developed to provide you with a range of different types of resources that are available to you online, on the phone or face to face that you can access directly.

The Family Hub can offer you support and information with the challenge's family life can bring.

[The Family Hub | Worcestershire County Council](#)



Relationships



Early Help Family Support



GET SAFE



Early Help Booklet

Early Help in Worcestershire have created a booklet to help families find out about the help and support available in the county for children and young people aged 0-18 years old. The new booklet will help you and families find the most appropriate support.

To download this booklet, please visit: [The Family Hub | Worcestershire County Council](#)

Worcestershire Young Carers

Worcestershire Young Carers aim to identify, and support children and young people aged 7 to 24 years who have a caring role within the home and help look after a parent, sibling, or grandparent due to illness, disability, physical or mental health difficulties or substance misuse.

[Worcestershire Young Carers/Shropshire Young Carers | YSS](#)

[Carers | Worcestershire County Council](#)

Finance, Housing and Employment

If you are facing challenges around employment and income, please contact the local job centre who can with offer support with jobseekers' allowance, incapacity benefit, employment and support allowance and income support:

[Local] Job Centre Plus,

Worcester Job Centre Plus, Haswell House, Sansome Street, Worcester, WR1 1UZ
Telephone: 0845 6043719

Citizen's Advice Bureau [Worcester Citizens Advice Bureau and WHABAC \(Worcester Housing and Benefits Advice Centre\) \(citizensadviceworcester.org.uk\)](#)

Building Better Opportunities is a service to help local people move closer to employment. [Building Better Opportunities \(fusionworcs.co.uk\)](#)

For information on what financial and housing support is available in Worcestershire, please visit: [Housing and finances | The Family Hub | Worcestershire County Council](#)

Parenting Support

The Starting Well Partnership offer a range of parenting support, information, groups, and courses. For information on the groups available please visit: [Parenting groups | Starting Well \(startingwellworcs.nhs.uk\)](#)

Parenting Talk is an online hub offering information, advice, and a free confidential online chat with a parenting advisor.

[Parent Talk - Support for Parents from Action For Children](#)

Homestart can work with you to provide one to one support in the family home each week. This service provides support tailored to your needs and can help you as parents they learn to cope and build confidence to provide as best you can for your children.

[Home-Start | South Worcestershire \(home-startsw.org.uk\)](#)

Family Information Service

Do you need advice and support around finding childcare? The following link will provide you with the contact details of the Family Information Service's District Teams: [Family Information Service | Worcestershire County Council](#)

Substance Misuse

[Swanswell - Cranstoun](#)

Here 4 Youth is support service for children and young people up to the age of 18 who may be struggling with their use of drug and / or alcohol. [Here4YOUth Worcestershire - Cranstoun](#)

Do you have a family member in prison?

Do you have a family member in prison which is having an impact on your child? Support is available to work with both the person in prison and your family.

[NICCO](#)

Families First provides support and guidance in a safe space, to enable the whole family to cope with the demands of having a partner, and parent, in prison: [Families First | YSS](#)

Get Safe

If you are worried your child is at risk of being tricked, forced, or made to work in the criminal world please speak to a member of staff and visit [Get Safe](#) for help and information.

If you are experiencing any of these challenges or issues affecting family life, please contact a member of staff who will be happy to provide you further advice and support.

Community News

Diglis Fields junior parkrun

What is Diglis Fields junior parkrun?

A free, fun, and friendly weekly 2k event for juniors (4 to 14 year olds). Nearby Saturday parkrun events can be found [here](#).

When is it?

It is held every Sunday at 9:00am.

Where is it?

The event takes place at Diglis Fields, Diglis Lane, Worcester, WR5 3FB. See [Course page](#) for more details.

What does it cost to join in?

Nothing - it's free! but please [register](#) before you first come along. Only ever register with parkrun once and don't forget to bring a **scannable** copy of your barcode ([request a reminder](#)). If you forget it, [you won't get a time](#).

How fast do I have to be?

The aim is to have fun. Please come along and join in whatever your pace!



Thanks to this week's volunteers

Aelwen REES • Alison HIGGINS • Ariane MCGRAHAN
Beatrice CHAMBERLAIN-FRENCH • Cara MCGRAHAN
Carole RUDOLF • Charlotte CAPEL • Dave WHITTAKER
Denise BESSANT • Dylan BELL BALDI • Georgia PLANT
Gerry RUDOLF • Joyce MORRISON • Karen COOPER
Lisa ROUSE • Liz JAEGER • Lucy CAPEL • Matthew CAPEL
Nichola Clair ROBINSON • Nicola BROWN • Phil WOOD
Richard ELWELL • Ross ROBINSON • Sarah FERNIHOUGH
Sophie BELL • Steve NICOLL

See our [volunteer page](#) for information on how you can get involved.

[home](#) | [Diglis Fields junior parkrun](#) | [Diglis Fields junior parkrun](#)

WE NEED YOU!



Worcestershire County City are still looking to fill the role of School Crossing Patrol officer on Timberdine Avenue. This is a vital role, helping both adults and children to cross the busy road safely both before and after school.

If you think that you might be interested, please contact Worcestershire County Council or see the www.wmjobs.co.uk/job section of their website. (The form says a closing date of April 1st but they are re-opening it and will still take applications.)