



# Weekly Newsletter



#25 22.3.24

Dear Cherry Orchard pupils, parents and carers,

What a fantastic term, and today we ended it in style with a musical concert from 'The Harrison Band' musicians from the William High Harrison High School, West Lafayette, Indiana. Our CO newly-established orchestra and various brass players played a mini concert for the visitors too, which they were very impressed with. Our children were absorbed with the music and I'm hoping this concert will tempt our children to try an instrument or listen to more live music in the future. The band will be offering a free concert at Pershore Abbey on 26<sup>th</sup> March at 7pm. Please pop along if you are able to.

We were thrilled with the outcome of the OFSTED inspection. Huge thanks again for your support and partnership. Next term, will be busy with the traditional end of year events. Please save the date for the COSA Summer Fayre - it will take place after school on **Friday 21<sup>st</sup> June**. And don't forget to keep an eye on the school website calendar which we will populate with other key dates once they are confirmed.

Please have a wonderful break over the next couple of weeks, and we look forward to the start of the summer term on **Monday 8<sup>th</sup> April**.

Karen Banford  
Headteacher

## Calendar of Events

Date	Event
w/b 8.4.24	New clubs information will be sent out
Thur 11th April	Year 4 trip to the Botanical Gardens (4pm return)
Fri 12th April	Year 1 trip to The Think Tank
w/b 15th Apr	Bilkeability for Y5
Thur 18th Apr	5C class assembly 8:55am in the hall
w/b 22nd Apr	Bilkeability for Y5
Mon 22nd Apr	COSA meeting in Our Space 7:30pm all welcome
Thur 25th Apr	5O class assembly 8:55am in the hall
Thur 25th and Fri 26th Apr	Year 4 residential to Pioneer Centre

### Weekly attendance:

Whole school: 94.93%  
(up on last week)



Best year: Year R with 97.6%

Best class: RR with 98.6%

**Well done.**



We recognise the additional challenges which some of our families face. Our in-school certificates celebrate the full range of attendance.

### Housepoints:

Severn 358

Avon 425

Teme 338

**Overall winners: Avon**

**KS 1 winners: Avon**

**KS2 winners: Avon**

# This week at Cherry Orchard..



Mr Logan was an 'eggs-cellent' sport today, after being voted to be our Easter Chick! The children loved seeing him strut his stuff on the playground and in assembly.

Thank you to everyone who voted. We raised £115 for COSA.

Well done as well to Mr Grant, who won the vote to get the Easter Egg.



Our School Council helped clean up the local environment, as part of The Great British Spring Clean.

They picked up 5 bags of litter from our field and the local park area. What a great example of our Respect Value in operation.



PIC•COLLAGE



# This week at Cherry Orchard..



This afternoon, we were treated to an amazing musical concert. The Harrison Band are a group of American High School students on tour from Chicago and they played in our hall!

Our orchestra, brass players and the Year 3 children learning cornet at the moment with Mrs Daw supported the group who are over in the UK on an exchange visit organized by Mrs Daw.



# This week at Cherry Orchard.....

the spotlight is on...



**French**



Cherry Orchard Primary School - Timberdine Close, Worcester, WR5 2DD

office-co@riverscofe.co.uk Telephone 01905 352787



# M.F.L. (Modern Foreign Languages) at Cherry Orchard

At Cherry Orchard, we believe that teaching languages allows children to develop a greater understanding of the world and different cultures while creating a fascination with exploring and learning new vocabulary.

Our official language teaching begins in KS2. At Cherry Orchard, all KS2 pupils learn French. We explore speaking, listening, reading, and writing which ensures that all pupils have opportunities to explore and share their opinions in another language.

During French lessons, pupils explore spoken and written language, and we encourage children to communicate with confidence and fluency. Regular discussions, songs, rhymes, and simple phrases are a crucial part of the children's learning, as we believe they encourage enthusiasm and help to embed the language, while also improving the accuracy of children's pronunciation. Not only do we explore the French language, but we also enjoy being exposed to the culture in countries where French is the official language.

Pupils are exposed to a variety of languages and cultures further down the school as well, through songs and rhymes and general language investigations, as well as through the range of first languages that are in use across the school. We know lots of ways to say 'hello'!

We also celebrate Languages Day in September, with different year groups exploring different languages and cultures (sometimes through foods) of countries worldwide.

## Year 3

We started the year learning vocabulary such as greetings, numbers, days of the week and months of the year. We did this through songs, actions and games.

Match these months of the year from English to French.

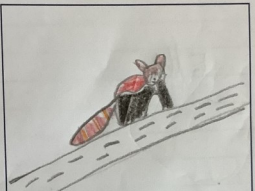
January	mars ✓	July	octobre ✓
February	juin ✓	August	juillet ✓
March	mai ✓	September	novembre ✓
April	janvier ✓	October	août ✓
May	avril ✓	November	décembre ✓
June	février ✓	December	septembre ✓

one	un ✓	seven	sept ✓
two	deux ✓	eight	huit ✓
three	trois ✓	nine	neuf ✓
four	quatre ✓	ten	dix ✓
five	cinq ✓	eleven	onze ✓
six	six ✓	twelve	douze ✓

Je m'appelle	Hello ✓
Bonjour	What is your name? ✓
Comment t'appelles tu?	My name is... ✓
Au revoir	Goodbye ✓


As we moved into the Spring term, we started learning sentences around topics such as our pets and colours. We have even created our own missing posters for our pets in French!

PERDU!



Il ya un panda rouge et noir ils s'appellent panda.  
 Il a un papillon.  
 Il est assez mignon et amusant.  
 Il est mignon gentil et très très veu. Qui est panda? Si vous trouvez panda appelez moi à 12481

PERDU!



Il y a un chien brun ils s'appellent Amelina.  
 Il a sept ans.  
 Il est assez mignon et amusant.



## YEAR 4

Year 4 have spent lots of time practising speaking in French. We have also practised translating from French to English. Our focus has been describing facial features and also the weather.

jeudi 7<sup>th</sup> decembre







**L.I.** To translate French weather sentences to English  
Independent/Partner/T/TA/VF/adaption

**S.C.**

- Recall French weather vocabulary
- Read the sentences in French
- Translate into English, being aware that word order can be different

England England E ngland England

Quel temps fait-il?

	En France il fait du soleil en été.
 Translate	In France, the weather is hot in the summer
	En Angleterre il pleut en automne.
 Translate	In England it is rainy in autumn.
	Au Canada en l'hiver il fait froid et il neige.
 Translate	In Canada on the winter is cold and snowy.





jeudi 8 janvier

**L.I.** To describe hair colour in French  
Independent/Partner/T/TA/adaption

**S.C.** Remember to use:

- J'ai les cheveux + colour
- Use the word bank to help you with colour
- Colour in the hair using pencil crayon


cheveux cheveux cheveux

	J'ai les cheveux bruns
	J'ai les cheveux <del>orange</del> rouge raux
	J'ai les cheveux gris
	J'ai les cheveux blonds

# YEAR 5

*Où habites-tu?*  
Where do you live?

In Autumn Term, Year 5 described where they lived; what is in their house and wrote a description of a house. We introduced new vocabulary such as 'il y a...' and 'il n'y a pas...'



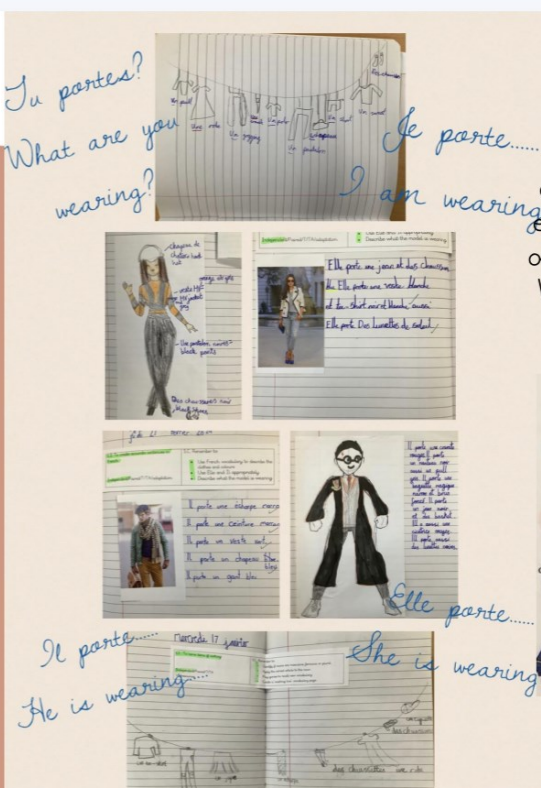
*Tu portes?*  
What are you wearing?

*Je porte.....*  
I am wearing

*Il porte.....*  
He is wearing

*Elle porte.....*  
She is wearing

In Spring Term, Year 5 explored items of clothing and how to describe them. We even described the outfits we wore on World Book Day!



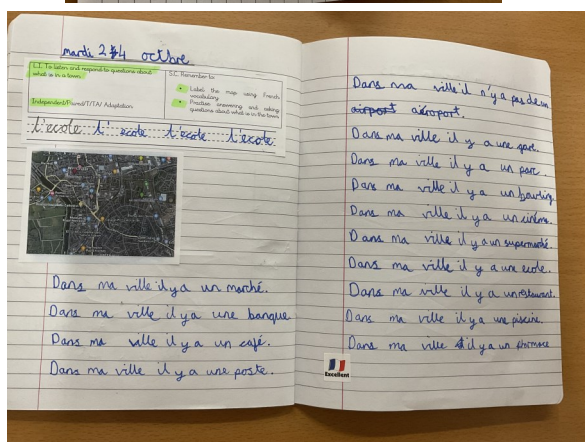
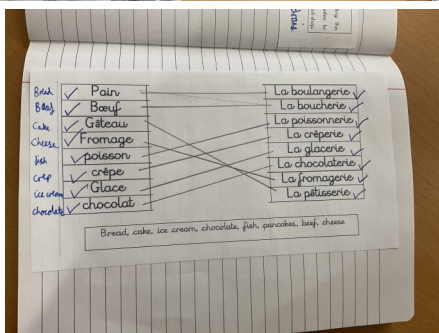
Qu'est-ce que tu portes?

un pantalon	une chemise	une robe
une jupe	des chaussettes	un jean
des chaussures	un tee-shirt	une ceinture
une veste	une écharpe	une casquette

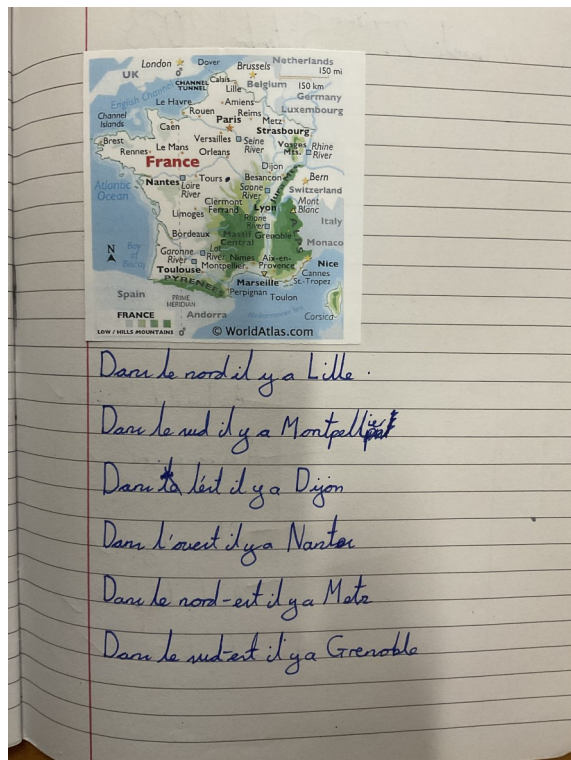
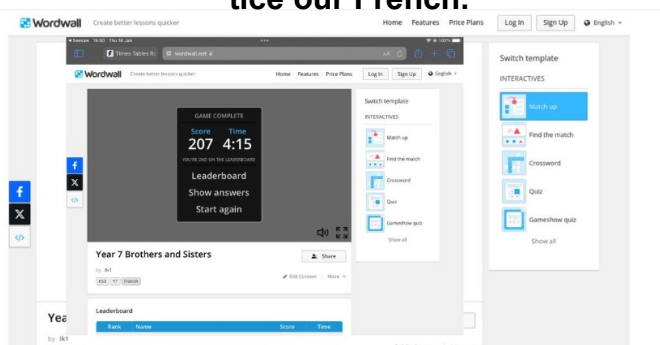


## Year 6

In Year 6, we spend a lot of time practicing using our French in conversations.



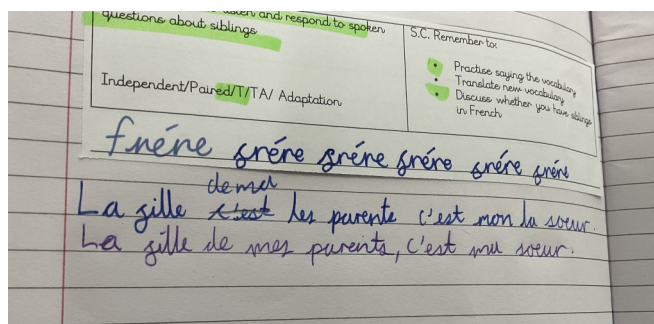
We use our iPads to play games to practice our French.



In Autumn, we used French vocabulary to describe where we lived.



In Spring, we have been using possessive pronouns to describe our family.



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# Also this week, in EYFS and KS1...

## Little Cherries

We have had a fun filled busy week, being creative getting ready for Easter. Using straws to blow the paint to create a picture, threading eggs. We also had tea making sensory play, using teapots, cups, and spoons. Exploring the changes in the water when the teabag was added. Having fun with counting with a numeracy bingo game.



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## Year R

"Does chocolate grow on trees?" This was the question Reception were asked this week. They discovered that this was indeed true and then they melted chocolate to make some delicious Easter nests! Happy Easter!



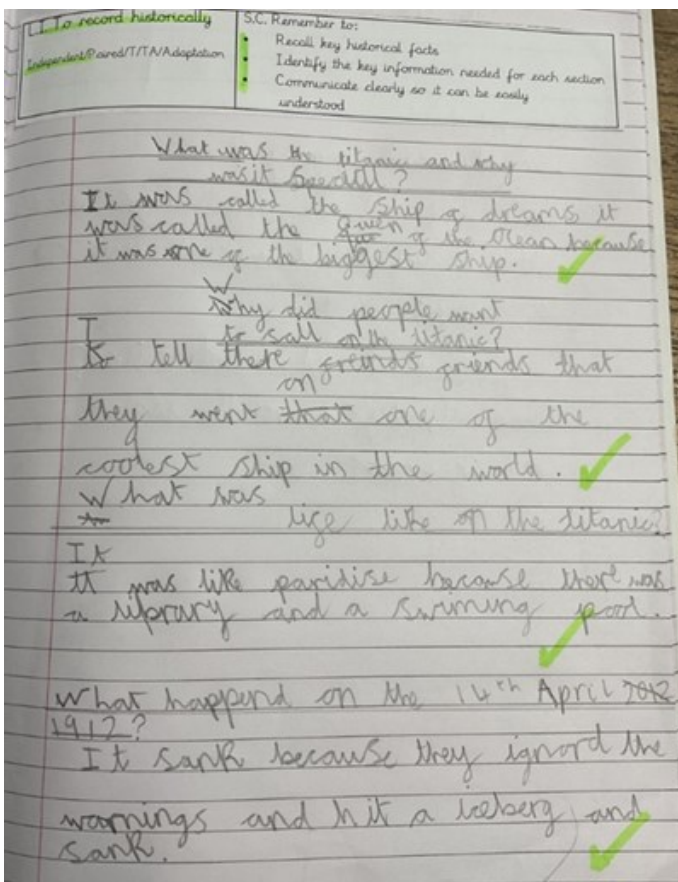
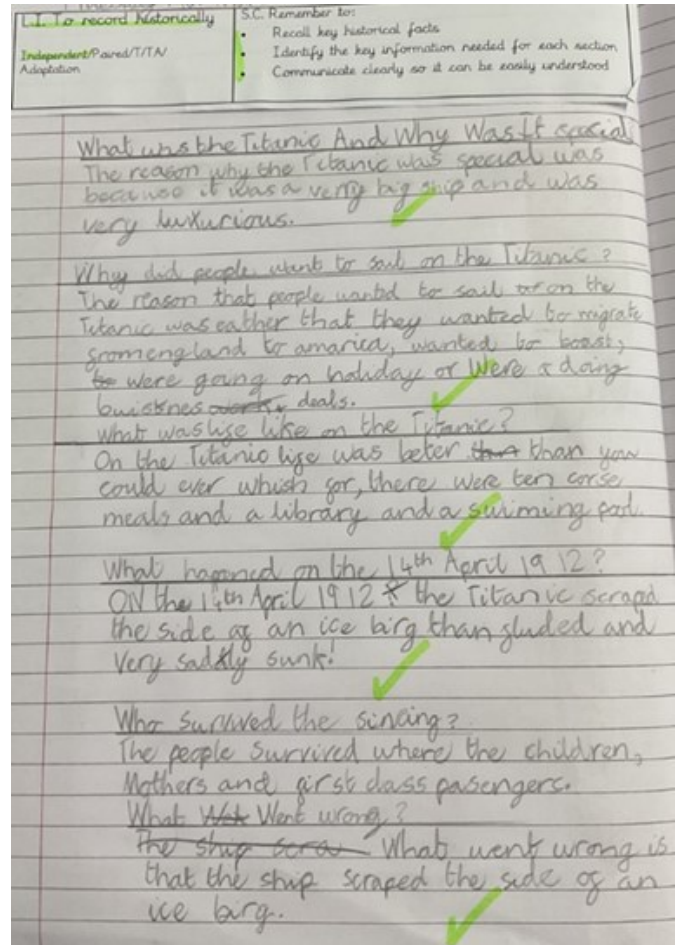
## Year 1

This week, Year 1 have completed their DT projects. We designed and made equipment for a playground and thought about how we can make our designs accessible for all. We considered a range of strengthening techniques to make all of our structures strong and stable.





## Year 2



# CELEBRATION

Class	Worker of the Week	Star of the Week
<b>RC</b>	Max	Lillie
<b>RO</b>	Tommy	Finn
<b>RR</b>	Sasha	Zachary
<b>1C</b>	Jess	Gillian
<b>1O</b>	Sanuli	Lorenzo
<b>1R</b>	Lincoln	Sidney
<b>2C</b>	Macsen	Harsha
<b>2O</b>	Rae	Darcey
<b>3C</b>	Azan	Ella
<b>3O</b>	Layan	Leo
<b>3R</b>	David	Ava
<b>4C</b>	Cassidy	Eliza
<b>4O</b>	Hima	Eva
<b>4R</b>	Finley	Morgan
<b>5C</b>	Sienna	Arthur
<b>5O</b>	Summer	Harriet
<b>5R</b>	James	Charlie
<b>6C</b>	Sophie	Betty
<b>6O</b>	Raheem	Summer
<b>6R</b>	Finnley	Harley





## Attendance

This is a screenshot of the Attendance guidance which is on our website, along with our Attendance Policy. Please help support your child's education by ensuring that they are in school, on time, every day. If your child is absent for any reason, please make the office aware of this as soon as possible, as the twice daily attendance registers are legal documents that must be accurately completed and shared with the LA. Attendance is a 'hot-topic' for the school, the MAT, the LA and the Government, as every child has the right to a full education.

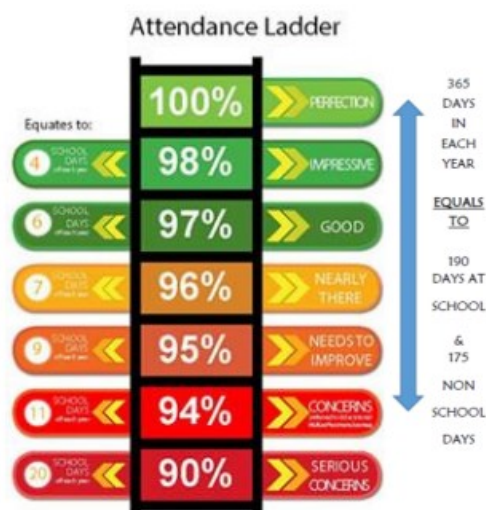
### Cherry Orchard Primary School

#### Attendance Procedures

##### Attendance Matters:

At Cherry Orchard Primary School, we believe that good attendance is vital for all children to be confident, happy and independent learners. Good attendance is 97% or above – no more than 6 days off school in a year. Our aim is to give a clear and consistent message to parents/carers and children in our school, which we will constantly reinforce in our day-to-day work.

Good attendance is a priority at Cherry Orchard and our target is to achieve **97% or above** by the end of this academic year. It is an expectation that all children attend school every day because 'Every minute of every day matters'.



##### What is expected of Parents and Carers at Cherry Orchard Primary School:

- **Good attendance** – Parents/carers have a legal duty to ensure that their child/children are in school every day as it is vital for learning and promoting essential life skills
- **Good punctuality** – Parents/carers have a responsibility to ensure that their child/children arrive on time each day in school (so lessons can start at 8:45am) and are prepared for the day ahead
- **Medical/Hospital/Dental Appointments** – Where possible, and unless in an emergency situation, appointments should be taken outside of school hours or in holiday periods. Appointment letters/notifications should be provided to the school office when notifying us of the absence.
- **Absences due to illness** – Parents/carers have a duty to notify the school if their child/children are absent for any reason and this needs to be done as soon as possible and certainly before 9:15am. School will contact parents/carers if notification is not received by this time.
- **Holidays** – Holidays are not permitted in school term time. All holidays are unauthorized except in exceptional circumstances.



## Reminders/information

School gates open at 8:30am and will close when children should be in class at 8:45am. This is when lessons start and the register is taken. The gates will be open again at 3:05pm for a 3:10pm finish for Reception children and a 3:15pm finish for all other year groups. Please try to be prompt in the mornings so that all opportunities for learning are able to be taken and in the afternoons by standing away from the building, close to the areas where your child will be released.

Please try to discourage the bringing of toys/non-school items into school. They can go missing or get broken, meaning the children can get upset. Please keep them for home.



**Please try NOT to drive down Timberdine Close in the mornings unless you have a parking permit for the school as there are not places to turn safely around. We have been asked to pass on that the NHS have had their entrances blocked and there have been some near misses with both children and vehicles, and, as a result, the community police officers will be doing some spot patrols.**

### **Cherry Orchard Primary School and Little Cherries Pre-school**



Our Facebook username is cherryorchardps, as is our Twitter username. Please search us out to see what is going on on our pages. We try to post to both types of media just to keep the world up-to-date with the amazing things going on in school.

**Cherry Orchard Primary School - Timberdine Close, Worcester, WR5 2DD**

**office-co@riverscofe.co.uk Telephone 01905 352787**

# SUNFLOWER COMPETITION 2024

Buy your planting pack for £1 via Classlist  
between 18th March and 2nd April

Sow the seeds in your pack and see **how  
tall your sunflowers** grow before we break  
up for the summer.

Fabulous prizes from:



**THE BUZZ**



**Many thanks to our wonderful sponsors**





## Green fingers Needed

Calling all plant enthusiasts!

We need your help to increase the biodiversity of our school.

Could you spare some time to grow something for us?

We're looking for any donations of seedlings, plants, bulbs, seeds and compost.

Please bring in donations to the school office.

Let's bring some green magic to  
our school together.

COSA is a registered charity No.  
1098165



## COSA Gardening Group

3rd  
Thursday  
every month

Next date  
21ST MAR!

2-3.10pm  
at school

Bring gloves  
& tools if you  
have them

Join in with watering, tidying & planting!



COSA is a Registered Charity No. 1098165





UK Health  
Security  
Agency

NHS

# Should I keep my child off school?

## Yes

### Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

## No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

### Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.





Starting Well Partnership  
EVERY CONTACT SHAPES A LIFE

UNDERSTANDING YOUR CHILD



SOLIHULL APPROACH

# Understanding your child's behaviour Workshop

Do you have a child aged 2-10 years?

**FREE** One-off sessions available to parents and carers

**1 x 2 hour session on Microsoft Teams -Digital session**

**(Book for one of the workshops below)**

**Thursday 23<sup>rd</sup> May 9:30-11:30am**

**Monday 17<sup>th</sup> June 6-8pm**

**Tuesday 2<sup>nd</sup> July 12:30-2:30pm**

**How to book:** Simply scan the QR code which will link you to the bookings page, visit website <https://www.trybooking.com/uk/>

Or call 01905 955033 to book your workshop.



# Need some support? Some helpful places to go....

## [The Wellbeing Hub - Schools - Teen Tips](#)

### Understanding your Teen's behaviour



Tools and tips to live a calmer life with your teenagers.

- Teen brain development
- Risk taking
- Communication
- Sleep patterns

**Two-hour online Workshops**  
Monday 15<sup>th</sup> April 2024 9:30-11:30am  
Wednesday 1<sup>st</sup> May 2024 6-8pm

FOR MORE INFORMATION OR TO BOOK ONTO A COURSE CONTACT:



How to book: Simply scan the QR code which will link you to the bookings page, visit website  
<https://www.trybooking.com/uk/>

Suitable for families with children from 10-19 years

[www.startingwellworcs.nhs.uk](http://www.startingwellworcs.nhs.uk)

EVERY CONTACT SHAPES A LIFE

The following pages are screenshots of the help and support we can signpost our families to (used to be called our Early Help offer). The links won't work in this format but they can be accessed from our website page (called Supporting Families under the Parents tab at <https://www.cherryorchard-pri.worcs.sch.uk/> ) so please visit if you want to find out more.





Cherry Orchard Primary School and Little Cherries Pre-school



## Support for Children and Families

### Key Personnel and job roles

**Karen Banford** - Head Teacher and Designated Safeguarding Lead

**Caro Jeynes** - Deputy Head Teacher and Deputy Designated Safeguarding Lead

**Emma Rowe** - Assistant Head Teacher and Deputy Designated Safeguarding Lead

**Clare Spencer** - Assistant Head Teacher, SENDCo, Designated Teacher for Looked After Children and Deputy Safeguarding Lead

## Our Early Help Offer

Early Help is a pathway to supporting you and your child as they grow up when you or they may need further support or guidance.

Providing early help to our pupils and families at **Cherry Orchard Primary School and Little Cherries Pre-school** means we can improve outcomes for children, families, and communities, providing support as soon as a problem emerges, at any point in a child's life, from the early years through to teenage years.

### Early Help can support children and their families who may be struggling with:

- Routines and family rules
- Keeping to a healthy lifestyle
- Children who are caring for a family member
- Children who may not want to go to school for different reasons
- Disability within the family including children being a young carer
- Children in the family have special educational needs (SEND)
- Families who may be not be eating healthy food
- Children who may becoming involved in anti-social or criminal behaviour
- Children who go missing from home
- Children or parents / carers misusing drugs or alcohol
- Children at risk of being tricked, forced, or made to work in the criminal world
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems
- Children who have parents who argue a lot (and sometimes might hurt each other) whether the parents live together or apart
- Children at risk of being groomed to join groups which support illegal views
- A privately fostered child (a child from another family living within your family home)



Early help relies upon local groups and people in the community, sometimes we work together to help children, young people, and their families.

Everyone needs help at some time in their lives and therefore an ethos of early help is important for any school.

## Help and support at Cherry Orchard

The staff team at Cherry Orchard Primary School and Little Cherries Pre-school, will provide you with support and guidance - please ask one of the team if you need help with issues such as attendance, behaviour, routines at home, financial difficulties, bereavement and counselling etc

Staff are trained to seek further advice and guidance if they do not have the relevant information to hand. The senior leadership team have additional skills and training to help with more specialised situations or levels of support. **Please remember, we are all here to help – just ask!**

## Local Services – useful contact details

<b>Local Children's Centre</b> Saffron Children's Centre Stanley Road Primary School, Stanley Road, WR5 1BD	<b>What's on during the school holidays?</b> Holiday clubs at <b>Cherry Orchard Primary School</b> including provision at Little Cherries Pre-school  <b>Local Sports Centre:-</b> St John's Sports Centre, Swanpool Walk, WR24EL  <b>Worcester Wood Country Park, WR52LG</b> Country side park and café. Admission is free with parking open from 5:00am – 10:00pm.
<b>Perdiswell Young People's Leisure Club</b> Perdiswell Park, Droitwich Road, Worcester WR3 7SN 01905 451372 info@pyplc.co.uk	<b>Worcester Foodbank</b> 7 Lowesmoor Wharf, Lowesmoor, Worcester, WR1 2RS Email: info@worcester.foodbank.org.uk Phone: 01905 780400



<p><b>Early Help Family Support District Team – Worcester and Malvern</b></p> <p><a href="http://worcschildrenfirst.org.uk">Request for Early Help Services - Worcester (worcschildrenfirst.org.uk)</a></p> <p><b>Here2Help</b></p> <p>If you need help or advice call <b>Here2Help</b> on 01905 768053. The Here2Help opening hours are Monday to Thursday 9.00am to 5.00pm and Friday 9.00am to 4.30pm.</p>	<p><b>Worcester Library</b></p> <p>The Hive, The Butts, WR13PB</p>
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<p><b>Early Help Family Support Service:</b></p> <p>The Early Help Family Support Service is delivered by Worcestershire Children First directly to families permanently living in Worcestershire who have children aged 0-18 years old and need help and support specifically from a Family Support Worker. For more information, please visit: <a href="http://Worcestershire Children First Early Help Family Support Service   Worcestershire County Council">Worcestershire Children First Early Help Family Support Service   Worcestershire County Council</a></p>
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## Health (including mental health, emotional wellbeing, and sexual health)

The **Starting Well Partnership** offers a range of health services which support both children and families experiencing a range of health issues.

[Worcestershire Health Visiting Service | Starting Well \(startingwellworcs.nhs.uk\)](http://Worcestershire Health Visiting Service | Starting Well (startingwellworcs.nhs.uk))

If your child is under 5 years old and you need advice on issues such as feeding, behaviour, or toileting you can contact the **Telephone Advisory Service** on 0300 123 9551 (Monday – Friday 9am til 3pm). A Health Visitor will assist you over the phone with any worries, concerns, or questions you have.

[School Health Nursing | Starting Well \(startingwellworcs.nhs.uk\)](http://School Health Nursing | Starting Well (startingwellworcs.nhs.uk))

**School health nurses** offer a range of services such as home visits, health needs assessments, time4u drop-in service, school aged hearing and national child measurement programme to support the needs of children and their families.

[Text service supporting young people | Starting Well \(startingwellworcs.nhs.uk\)](http://Text service supporting young people | Starting Well (startingwellworcs.nhs.uk))

**Chat health** is a free and confidential text service for young people in need of advice or support. To confidentially contact your school nurse, text: 07507331750

[Social Prescribing: Onside Advocacy, Worcestershire \(onside-advocacy.org.uk\)](http://Social Prescribing: Onside Advocacy, Worcestershire (onside-advocacy.org.uk))

**Social Prescribers** support you to take control of your health and look after yourself by making connections with the different types of community support available.

[CAMHS | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](https://www.hacw.nhs.uk)

**CAMHS** provides mental health help to children, young people and their families across Herefordshire and Worcestershire

[Home - Kooth](#)

**Kooth** is an online mental wellbeing community which offers free, safe, and anonymous support.

[Reach 4 Wellbeing | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](#)

The **Reach4Wellbeing** team promotes positive wellbeing to reduce the stigma of mental health by providing short-term group programmes for children and young people age 5-18 experiencing mild to moderate anxiety and low mood.

[Papyrus UK Suicide Prevention | Prevention of Young Suicide \(papyrus-uk.org\)](https://www.papyrus-uk.org)

**Papyrus** can offer suicide prevent support providing free and confidential helplines, advice, webchats, and resources.

[Home | Healthy Minds \(whct.nhs.uk\)](https://www.whct.nhs.uk)

**Healthy Minds'** 24/7 mental health helpline provides support or advice if you, or someone you know, is experiencing a mental health crisis and needs urgent help. Its available 24 hours a day to anyone in Herefordshire and Worcestershire.

[Winston's Wish - giving hope to grieving children \(winstonswish.org\)](https://www.winstonswish.org)

**Winston's Wish** provide support for children and young people following the death of a sibling, parent, or a person important to a child.

[Sexual Health Know Your Stuff | Sexual health | Worcestershire County Council](#)

[Worcestershire Integrated Sexual Health Service \(WISH\) | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](#)

WISH offer friendly and non-judgemental specialist services to support with information and advice, contraception, pregnancy, STIs and screening.

**Under 21 Saturday Service** - Clinic telephone lines are open between 10:00am – 12:30pm on Saturdays - Please call: 01905 681673 for further details.

Young People have a telephone consultation and are asked questions about their relationships. Callers will be advised what to do next and directed towards a clinic if necessary.

WISH have a dedicated Outreach nursing service. Referral forms can be found at [www.knowyourstuff.nhs.uk](https://www.knowyourstuff.nhs.uk). The Outreach team see young and vulnerable people who couldn't otherwise access sexual health services.

Free STI test kits and contraception: [SH:24 Free Home STI STD Test | Sexual & Reproductive Health \(sh24.org.uk\)](https://www.sh24.org.uk)

## **Bullying (including Cyberbullying)**

If you are concerned your child or a child, you know is being bullied there are several services and useful links which can help you support your child as a parent.

In the first instance if bullying is happening at school, please speak to a member of staff who will be able to help.



The following links will provide you with more information if you or someone you know is being bullied:

[Is your child or someone you know being bullied? | Worcestershire County Council](#)

[Are you being bullied? | Worcestershire County Council](#)

[Cyberbullying | Worcestershire County Council](#)

[Kidscape | Resources and Publications](#)

## Online Safety

If you have concerns around the safety of your child or a child you know online, the following links will provide you with information, support, and advice to help understand the risks and keep your child safe online:

- [Think U Know | Information for parents](#)
- [Online safety | Barnardo's \(barnardos.org.uk\)](#)
- [Educate Against Hate](#)
- [www.internetmatters.org](#)
- [BBC | 8 tips for staying safe online](#)

Sexting is the sending or receiving of sexually explicit images, videos or conversations online.

[Sexting and sending nudes | NSPCC](#)

[Think U Know | Parents Sexting Guide](#)

## Relationships

The following services and links offer information, advice, and intervention on healthy relationships for your family and children:

- [Healthy relationships | NSPCC](#)
- Challenges at home: [Harmony at Home – information and support for parent carers | Worcestershire County Council](#)
- CRUSH is an awareness raising and support programme to help young people make safe and healthy relationships. <http://www.westmerciawomensaid.org/crush/>
- [Relationships | The Family Hub | Worcestershire County Council](#)

## Friendships and relationship in teenagers

Making friends and starting new relationships are a big part of getting older. It's very common to fall out with friends or break up from relationships – which can be very difficult to deal with. You might also be in a relationship that doesn't feel right and need some advice about what to do. The websites below contain lots of information about making friends, peer pressure, healthy and unhealthy relationships, sex and much more. There is also information available for parents around how to talk to your child about friendships, sex and relationships.

[Childline - Friends, relationships and sex \(opens in a new window\)](#)

[Disrespect Nobody - Signs to spot \(opens in a new window\)](#)

[NHS Choices - How to talk to your child about sex \(opens in a new window\)](#)

[NHS Choices - Sex and young people \(opens in a new window\)](#)

## SEND (Special Educational Needs and/or Disabilities)

Our SENDCO at Cherry Orchard Primary School and Little Cherries, will be pleased to talk to you in confidence about the needs of your child/family – please contact them via the school office team. We offer telephone, email or face to face contact – we are happy to discuss any concerns however large or small they may be.

If you are looking for information or advice the following links will help you:

[SEND Information | Cherry Orchard Primary School \(cherryorchard-pri.worcs.sch.uk\)](#)

[SEND Local Offer | Worcestershire County Council](#) or contact [localoffer@worcschildrenfirst.org.uk](mailto:localoffer@worcschildrenfirst.org.uk)

SEND Information, Advice, Support Service [SENDIASS Worcestershire and Herefordshire \(hwsendiass.co.uk\)](#)

[Social care support for children with disabilities | Worcestershire County Council](#)



Parenting support



Health and wellbeing



SEND Local Offer



Housing and finances

**The Online Family Hub** has been developed to provide you with a range of different types of resources that are available to you online, on the phone or face to face that you can access directly.

The Family Hub can offer you support and information with the challenge's family life can bring.

[The Family Hub | Worcestershire County Council](#)



Relationships



Early Help Family Support



GET SAFE



Early Help Booklet

**Early Help in Worcestershire** have created a booklet to help families find out about the help and support available in the county for children and young people aged 0-18 years old. The new booklet will help you and families find the most appropriate support.

To download this booklet, please visit: [The Family Hub | Worcestershire County Council](#)



## Worcestershire Young Carers

Worcestershire Young Carers aim to identify, and support children and young people aged 7 to 24 years who have a caring role within the home and help look after a parent, sibling, or grandparent due to illness, disability, physical or mental health difficulties or substance misuse.

[Worcestershire Young Carers/Shropshire Young Carers | YSS](#)

[Carers | Worcestershire County Council](#)

## Finance, Housing and Employment

If you are facing challenges around employment and income, please contact the local job centre who can with offer support with jobseekers' allowance, incapacity benefit, employment and support allowance and income support:

**[Local] Job Centre Plus,**

**Worcester Job Centre Plus,** Haswell House, Sansome Street, Worcester, WR1 1UZ  
Telephone: 0845 6043719

Citizen's Advice Bureau [Worcester Citizens Advice Bureau and WHABAC \(Worcester Housing and Benefits Advice Centre\) \(citizensadviceworcester.org.uk\)](#)

Building Better Opportunities is a service to help local people move closer to employment. [Building Better Opportunities \(fusionworcs.co.uk\)](#)

For information on what financial and housing support is available in Worcestershire, please visit: [Housing and finances | The Family Hub | Worcestershire County Council](#)

## Parenting Support

The Starting Well Partnership offer a range of parenting support, information, groups, and courses. For information on the groups available please visit: [Parenting groups | Starting Well \(startingwellworcs.nhs.uk\)](#)

Parenting Talk is an online hub offering information, advice, and a free confidential online chat with a parenting advisor.

[Parent Talk - Support for Parents from Action For Children](#)

Homestart can work with you to provide one to one support in the family home each week. This service provides support tailored to your needs and can help you as parents they learn to cope and build confidence to provide as best you can for your children.

[Home-Start | South Worcestershire \(home-startsw.org.uk\)](#)

### Family Information Service

Do you need advice and support around finding childcare? The following link will provide you with the contact details of the Family Information Service's District Teams: [Family Information Service | Worcestershire County Council](#)

## Substance Misuse

[Swanswell - Cranstoun](#)

Here 4 Youth is support service for children and young people up to the age of 18 who may be struggling with their use of drug and / or alcohol. [Here4YOUth Worcestershire - Cranstoun](#)

## Do you have a family member in prison?

Do you have a family member in prison which is having an impact on your child? Support is available to work with both the person in prison and your family.

[NICCO](#)

Families First provides support and guidance in a safe space, to enable the whole family to cope with the demands of having a partner, and parent, in prison: [Families First | YSS](#)

## Get Safe

If you are worried your child is at risk of being tricked, forced, or made to work in the criminal world please speak to a member of staff and visit [Get Safe](#) for help and information.

***If you are experiencing any of these challenges or issues affecting family life, please contact a member of staff who will be happy to provide you further advice and support.***



### A Parent's Guide to Cyberbullying



**Many young people who are victims of cyberbullying suffer in silence.**

They feel they can't turn to parents or a trusted adult for support as they fear they may get in trouble or have their devices taken away from them. It can carry on all day, all evening and all weekend for the world to see, causing a lot of emotional stress to the victim and their family.



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online



**It can very quickly lead to the victim feeling trapped, scared and vulnerable to grooming and blackmail.**



**Online safety is when young people know who they can tell if they feel upset by something that has happened online.**

**Parents** please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

**Skips Educational** Email: [info@skipsed.com](mailto:info@skipsed.com) Tel: +44 121 227 1941

Developed in partnership with



# Community News



## **Rainbows volunteers required**

Rainbows welcomes all girls from 4-7 years old for play, learning and lots of fun in a colourful, safe space.

We are currently looking for two committed volunteers to run the existing 8<sup>th</sup> Worcester Unit from September 2024.

The unit meets at St Marks Church Hall every Tuesday (during term time) from 4.45pm - 6pm.

If you would like to put yourself forward or find out more details about what the role involves please contact the current leader, Melanie Benson-Stelling on 07825 279418.

Please note that all volunteers within the Girl Guiding programme are subject to a DBS check, mandatory training in First Aid and Safe Space are also required (provided and funded by Girl Guiding).





# ST MARK'S CHURCH QUIZ NIGHT



IN AID OF DEFIBRILLATER FUND

**SAT 20 APRIL 2024**

**7.00 FOR 7.30 START**

**IN THE CHURCH HALL**

**Donations of £3.00pp**

**appreciated**

**COME AS A TEAM OR**

**JOIN ONE OF OURS**

**BYO NIBBLES & DRINKS**

**(ACCOMPANIED U16s FREE)**

**CAR PARK ENTRANCE VIA ORCHARD ST  
WR5 3DW (Turn off Bath Rd opp Co-op)**

**WE NEED YOU!**



# **WE ARE HIRING**

## **LUNCHTIME SUPERVISORS**

- MONDAY - FRIDAY
- TERM TIME ONLY
- 1.25 HOURS PER DAY
- PERMANENT CONTRACT

**JOIN OUR  
TEAM**



Pop into the school office or give us a ring on 01905 352787 for futher details and apply via the form on our website:

<https://www.cherryorchard-pri.worcs.sch.uk/current-vacancies/>

