



Weekly Newsletter



#24 15.3.24

Dear Cherry Orchard pupils, parents and carers,

We have just finished the penultimate week of this school term; yet another busy one. We have had a couple of trips out of school this week. Year 2 enjoyed their trip to Dudley Zoo and twelve Year 6 pupils took part in a Worcester City Swimming Gala on Friday afternoon. Children in RC performed brilliantly in their very first class assembly this week, too. Don't forget that next week we are hosting our Parents' Evenings meetings, so the staff-run clubs will not be running after school. Also next week, COSA will be running their fun Easter Chick competition where pupils can vote for the staff member they would most like to see wearing the inflatable chick outfit – could be interesting!! Bring your £ on Thursday.

We will be finishing the term next Friday with an exciting musical concert, performed by nearly 30 American guests. Nicky Daw, our Brass teacher, has organised this with William Henry Harrison High School, West Lafayette, Indiana, USA. Some of our pupils will be performing in the concert too, so we were delighted to have been invited to host the visit.

I hope everyone has a good weekend,

Karen Banford

Calendar of Events

Date	Event
Tue 19th Mar	Parent Forum in Our Space 8:45am
Wed 20th Mar	Year 5 Hollowford meeting for parents and children 8:45am in the hall
Wed 20th and Thur 21st Mar	Parents evenings
Thur 21st Mar	10 class assembly in the hall 8:55am Year 5 trip to Malvern Theatre Vote for the Easter Chick costume wearer
Fri 22nd Mar	Break up for Easter holidays (until 8.4.24)
w/b 8.4.24	New clubs information will be sent out
Thur 11th April	Year 4 trip to the Botanical Gardens (4pm return)
Fri 12th April	Year 1 trip to The Think Tank

Weekly attendance:

Whole school: 93.8%
(down on last week)

Best year: Year 3 with 95.8%
Best class: 4O with 99.0%

Well done.



We recognise the additional challenges which some of our families face. Our in-school certificates celebrate the full range of attendance.

Housepoints:

Severn 377

Avon 315

Teme 262

Overall winners: Severn

KS 1 winners: Severn

KS2 winners: Severn

This week at Cherry Orchard.....

the spotlight is on...



Science



Cherry Orchard Primary School - Timberdine Close, Worcester, WR5 2DD

office-co@riverscofe.co.uk Telephone 01905 352787

Science at Cherry Orchard

Spotlight on:



At Cherry Orchard it is our aim to give every child the opportunity to confidently explore and discover the world around them. We encourage children to think like scientists and grow a deeper understanding of the ever-changing world in which we live.



Science is taught through the disciplines of biology, chemistry and physics through memorable and practical lessons that encourage curiosity and questioning. Scientific vocabulary is a strong focus in the classroom which equips children with the words to talk about the world around them.

The science curriculum aims to provide all children with a growing curiosity of the world. Children are encouraged to think creatively and take responsibility. Strong links to the UN sustainable goals are at the heart of the science curriculum. Furthermore, links to other STEM subjects, such as DT, are important factors in promoting aspirations for our children. Links with science careers, within lessons, also demonstrate the wide range of jobs that have science at their core.



Science Week at Cherry Orchard



This week at Cherry Orchard, we have taken part in Science week and what an amazing time we have had!

The theme for this year was 'Time'. Each year group chose an element of Time to focus on. We also set a challenge for you at home to either create a Water Clock or sand timer. Here are some of the things that we've been upto...

Reception- We read the book 'How to grow an Apple pie'. It is the true story of how a young girl plants an apple pip, then watches as it grows over time and eventually bears fruit. She then makes an apple pie with the fruit. We learned a lot from this story and had great fun making our own apple pies! We have also been observing the seeds we planted last week. With light, warmth and water they have started to germinate and we are excited to see further growth and changes in the future.



Year 1- What happens to an apple over time? We all observed an apple core over the course of this week to see how it changed. We will continue to observe it over next week to see what happens next! We have also observed the weather every day and are watching our seeds grow over time.



Year 2- We enjoyed investigating the relationship between mass and the time it takes for a pendulum to stop. The children were brilliant at timing the swings accurately and recording their data, just like real scientists!



Year 3- After watching the live show on Monday, we combined our computing with Science week and created time travelling sprites using Scratch. I have attached a couple of screen shots.



Year 4- We explored how farming has changed over time. We looked at changes made in farming tools and how changes need to be made with an increasing population and a changing climate.



Year 5- Children used a Scratch on the iPads to create a time travelling game which sent their Sprite to different periods in history.



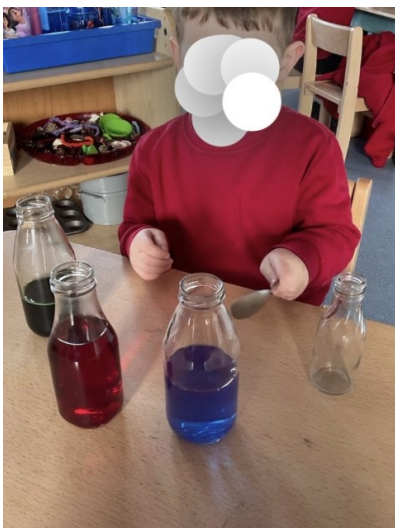
Year 6- We investigated how long 10 seconds lasts. We created contraptions that would last exactly 10 seconds.

Little Cherries

What fun we have had in little in pre-school this week. We have been doing hands on science activities and experiments encouraging the children's natural curiosity. We have had great fun making snow whereby the ingredients caused an endothermic reaction which meant our fake snow felt cold. We have been creating colours mixing coloured ice cubes to see what colours we make as they melt. Fun with magnets using paper clips, magnets and paint to create an abstract painting. We made individual milky ways using milk, paint and washing up liquid as these ingredients cause the fat in the milk to swirl and twirl. Finally, we made a volcano erupt which was amazing.



What a lot of super scientists our Little Cherries have been!



Year R



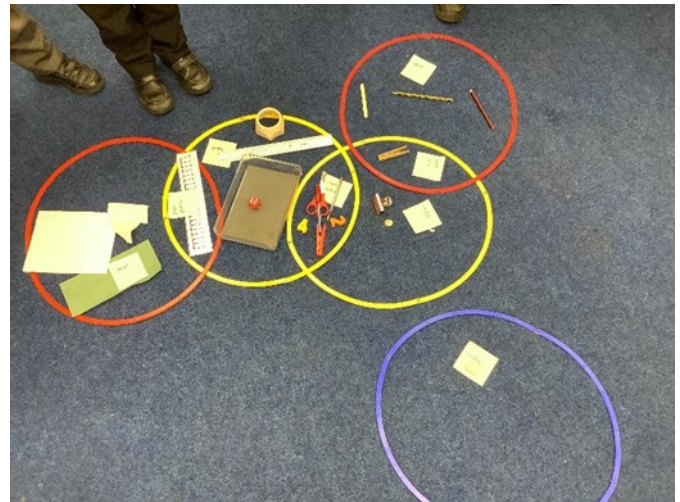
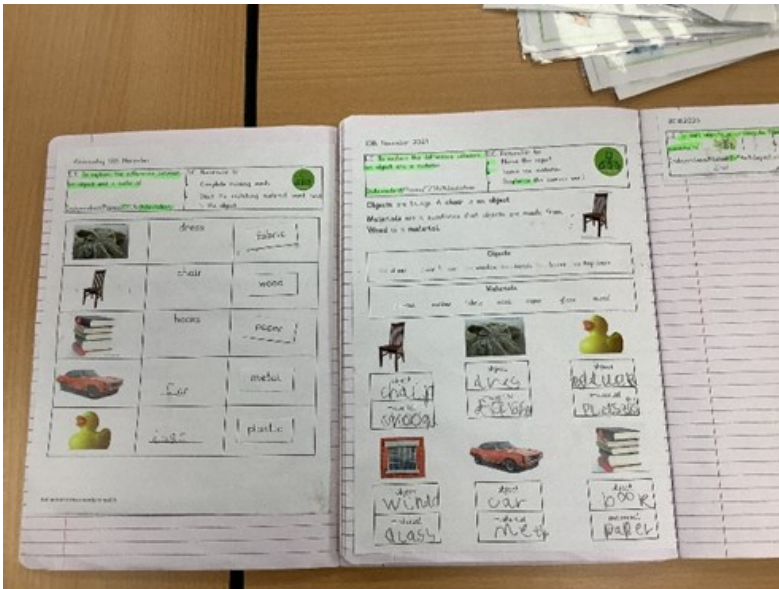
In Reception, Science is part of 'Understanding the World'. We have learned all about our bodies, our five senses, keeping healthy and growing in lots of fun and practical ways. After Easter, we will become 'Super Scientists' and we will be involved in lots of experiments with rockets, magnets and shadows. Every week, we visit our forest area and here we learn about the changing seasons and enjoy minibeast hunts!

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Year 1

In our science lessons this term, Year 1 have explored materials, sorting and classifying them according to their properties and considering their uses. We have also started to look at plants, naming the different parts of a tree and growing seeds to discover what plants need to survive.



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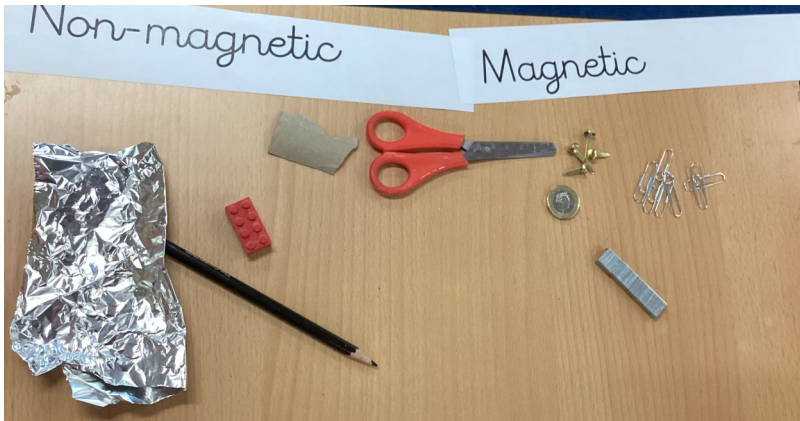
Year 2

As part of their 'Living Things and Habitats' topic, Year Two visited Dudley Zoo this week. They thoroughly enjoyed meeting a variety of creatures and exploring all their different habitats. They also took part in a workshop where they were able to handle lots of different fascinating artefacts, including a whale's tooth and a turtle's shell!

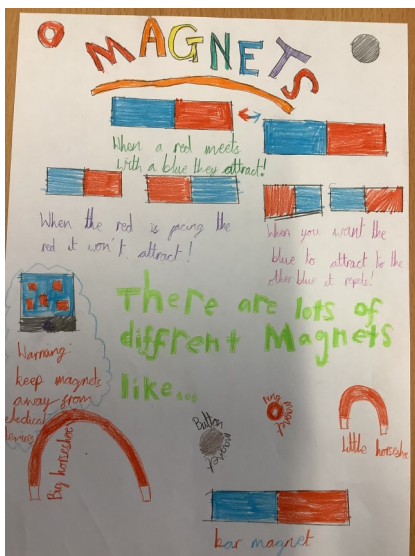


Year 3

So far this year in Science, we have had plenty of opportunity for experiments and practical activities. Some of our topics have included soil and rocks, light and magnets



Practical investigations in groups and pairs and then we record what we have discovered in lots of different ways.

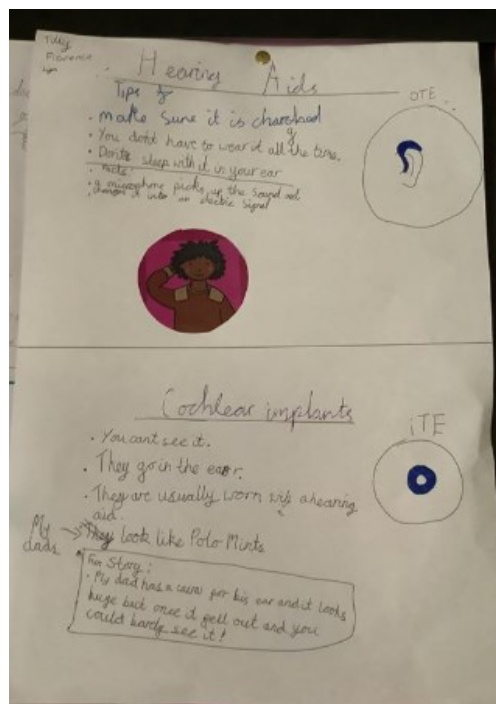
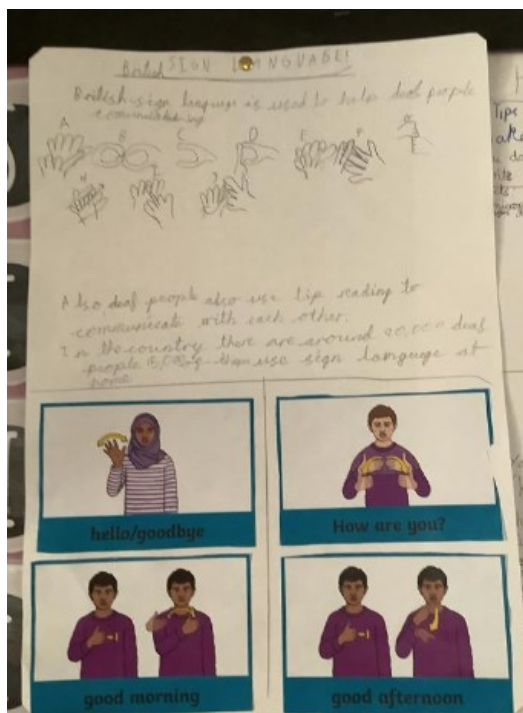


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YEAR 4

As part of our science unit, 'Sound and how it travels', the children in Year 4 have tested which material best insulates sound. During this term, we have also explored different what support is available for people who have difficulty hearing.



YEAR 5

Year 5

Science

think it is midday because the shadow is quite short.

The smoother the material is the less friction there will be. The harder the material is the more friction there will be. The plastic that had the least friction was Carpeted floor.

My prediction is that hard things will be insoluble and soft things would be soluble.

The Material

Solubility of Material

Method:

- Add 1 teaspoon of your group's substances to a beaker of water (200ml).
- Stir for 1 minute.
- Inspect with a magnifying glass.
- Leave for 5 minutes to see if any sediment settles on the bottom.
- Decide if your substance is soluble or not.

In Year 5, the children have explored our solar system including the planets and the relationship between the Earth, Sun and Moon. We have investigated how the sun can be used as a way of telling the time based on its apparent position in the sky.

When looking at forces, children explored gravity and its affect on Earth but also on the moon. Children investigated the effects of friction, water & air resistance and even looked at the effects of simple systems such as gears, pulleys and levers.

In the spring term, we have looked at the properties of materials and have created and separated a variety of mixtures and recently looked at irreversible changes.

Year 6

Where we can, we make our science sessions practical. As part of their Science Week investigations, Year 6 investigated how long 10 seconds actually lasts. Linked to our work on DT, we created contraptions that would last exactly 10 seconds. Not as easy as it sounds!



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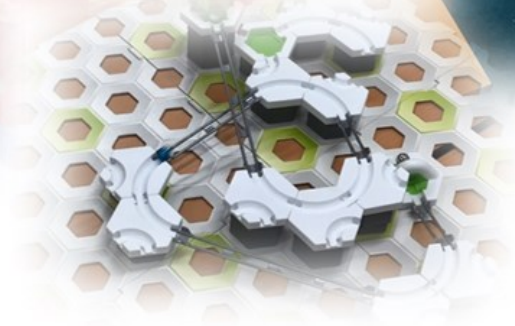
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SUPERSTAR



Science Club



Well done to the Year 6 swimmers who represented us at the local schools' gala this afternoon. Their attitude and sport-personship were an absolute credit to us. And they really enjoyed themselves.

Well done, all.



CELEBRATION

Class	Worker of the Week	Star of the Week
RC	Jude	Noah
RO	Dillon	Austin
RR	Amelie	Eleanor
1C	Oliver	Leo
1O	Alice	Aland
1R	Jamal	Thomas
2C	Matteo	Lilia
2O	Eleanor	Harry Ma
3C	Elodie	Harley
3O	Ellie	Elliot
3R	Will	Noah
4C	Freddie	Jayden
4O	Daisy	Isabelle
4R	Poppy	Mya
5C	Hanzala	William
5O	Jack	Sabina
5R	Isla	Ella
6C	Max	Joey
6O	Srithik	Oliver
6R	Oscar	Tany



Attendance

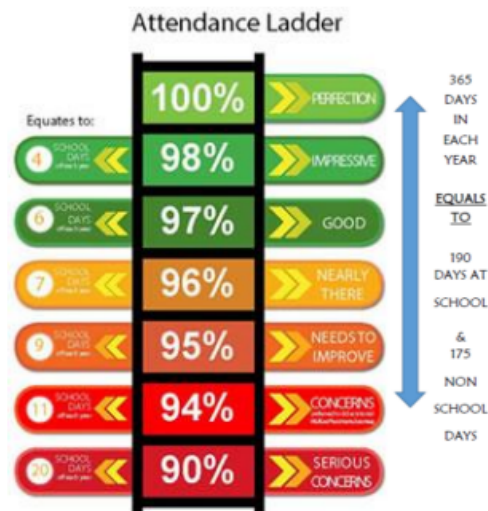
This is a screenshot of the Attendance guidance which is on our website, along with our Attendance Policy. Please help support your child's education by ensuring that they are in school, on time, every day. If your child is absent for any reason, please make the office aware of this as soon as possible, as the twice daily attendance registers are legal documents that must be accurately completed and shared with the LA. Attendance is a 'hot-topic' for the school, the MAT, the LA and the Government, as every child has the right to a full education.

Cherry Orchard Primary School

Attendance Procedures

Attendance Matters:

At Cherry Orchard Primary School, we believe that good attendance is vital for all children to be confident, happy and independent learners. Good attendance is 97% or above – no more than 6 days off school in a year. Our aim is to give a clear and consistent message to parents/carers and children in our school, which we will constantly reinforce in our day-to-day work. Good attendance is a priority at Cherry Orchard and our target is to achieve **97% or above** by the end of this academic year. It is an expectation that all children attend school every day because 'Every minute of every day matters'.



What is expected of Parents and Carers at Cherry Orchard Primary School:

- **Good attendance** – Parents/carers have a legal duty to ensure that their child/children are in school every day as it is vital for learning and promoting essential life skills
- **Good punctuality** – Parents/carers have a responsibility to ensure that their child/children arrive on time each day in school (so lessons can start at 8:45am) and are prepared for the day ahead
- **Medical/Hospital/Dental Appointments** – Where possible, and unless in an emergency situation, appointments should be taken outside of school hours or in holiday periods. Appointment letters/notifications should be provided to the school office when notifying us of the absence.
- **Absences due to illness** – Parents/carers have a duty to notify the school if their child/children are absent for any reason and this needs to be done as soon as possible and certainly before 9:15am. School will contact parents/carers if notification is not received by this time.
- **Holidays** – Holidays are not permitted in school term time. All holidays are unauthorized except in exceptional circumstances.

Reminders/information

School gates open at 8:30am and will close when children should be in class at 8:45am. This is when lessons start and the register is taken. The gates will be open again at 3:05pm for a 3:10pm finish for Reception children and a 3:15pm finish for all other year groups. Please try to be prompt in the mornings so that all opportunities for learning are able to be taken and in the afternoons by standing away from the building, close to the areas where your child will be released.

Please try to discourage the bringing of toys/non-school items into school. They can go missing or get broken, meaning the children can get upset. Please keep them for home.



Please try NOT to drive down Timberdine Close in the mornings unless you have a parking permit for the school as there are not places to turn safely around. We have been asked to pass on that the NHS have had their entrances blocked and there have been some near misses with both children and vehicles, and, as a result, the community police officers will be doing some spot patrols.

Cherry Orchard Primary School and Little Cherries Pre-school



Our Facebook username is cherryorchardps, as is our Twitter username. Please search us out to see what is going on on our pages. We try to post to both types of media just to keep the world up-to-date with the amazing things going on in school.

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Spring term 2023-24 clubs

Year group	Clubs	Day	Time
Reception	Choir Games	Tuesday Monday	3:15-4:00 pm lunchtime
1	Computing Colouring and craft Lego Choir	Monday Monday Monday Tuesday	3:15-4:00 pm 3:15-4:00 pm 3:15-4:00 pm 3:15-4:00 pm
2	Book club Colouring and craft Lego Choir	Monda Monday Monday Tuesday	Lunchtime 3:15-4:00 pm 3:15-4:00 pm 3:15-4:00 pm
3	Scratch (coding club) Maths games and puzzles Choir Homework Art	Monday Tuesday Tuesday Wednesday Thursday	3:15- 4:00 pm Lunchtime 3:15-4:00 pm Lunchtime 3:15-4:15 pm
4	Times tables Scratch (coding club) Running Maths games and puzzles Choir	Monday Monday Monday Tuesday Tuesday	Lunchtime 3:15- 4:00 pm 3:15-4:15 pm Lunchtime 3:15-4:00 pm
5	Running Science Indoor games Maths games and puzzles Choir	Monday Monday Monday Tuesday Tuesday	3:15-4:15 pm 3:15-4:15 pm 3:15-4:00 pm Lunchtime 3:15-4:00 pm
6	Running Science Indoor games Choir	Monday Monday Monday Tuesday	3:15-4:15 pm 3:15-4:15 pm 3:15-4:00 pm 3:15-4:00 pm

Orchestra will continue to run on a Friday after school for those who are already members.

Photography club is an externally provided club on Tuesdays.

SUNFLOWER COMPETITION 2024

Buy your planting pack for £1 via Classlist
between 18th March and 2nd April

Sow the seeds in your pack and see **how
tall your sunflowers** grow before we break
up for the summer.

Fabulous prizes from:



THE BUZZ



Many thanks to our wonderful sponsors



Green fingers Needed

Calling all plant enthusiasts!

We need your help to increase the biodiversity of our school.

Could you spare some time to grow something for us?

We're looking for any donations of seedlings, plants, bulbs, seeds and compost.


Please bring in donations to the school office.

Let's bring some green magic to
our school together.

COSA is a registered charity No.
1098165



COSA Gardening Group



3rd
Thursday
every month

Next date
21ST MAR!

2-3.10pm
at school

Bring gloves
& tools if you
have them

Join in with watering, tidying & planting!



COSA is a Registered Charity No. 1098165



UK Health
Security
Agency

NHS

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



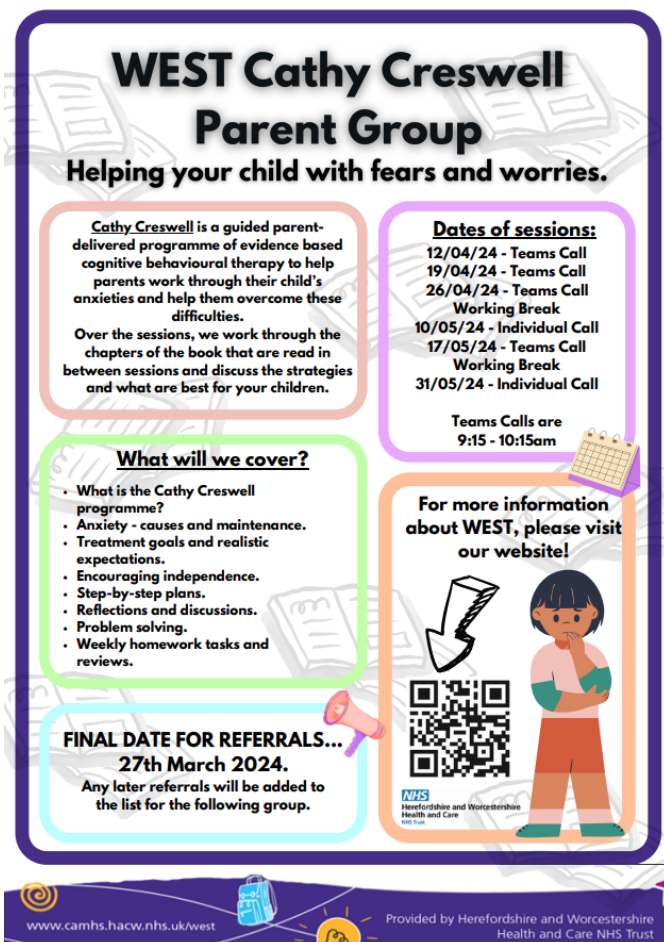
SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

Need some support? Some helpful places to go....

[The Wellbeing Hub - Schools - Teen Tips](#)



WEST Cathy Creswell Parent Group
Helping your child with fears and worries.

Cathy Creswell is a guided parent-delivered programme of evidence based cognitive behavioural therapy to help parents work through their child's anxieties and help them overcome these difficulties.

Over the sessions, we work through the chapters of the book that are read in between sessions and discuss the strategies and what are best for your children.

Dates of sessions:
12/04/24 - Teams Call
19/04/24 - Teams Call
26/04/24 - Teams Call
Working Break
10/05/24 - Individual Call
17/05/24 - Teams Call
Working Break
31/05/24 - Individual Call


Teams Calls are 9:15 - 10:15am


What will we cover?

- What is the Cathy Creswell programme?
- Anxiety - causes and maintenance.
- Treatment goals and realistic expectations.
- Encouraging independence.
- Step-by-step plans.
- Reflections and discussions.
- Problem solving.
- Weekly homework tasks and reviews.

For more information about WEST, please visit our website!

FINAL DATE FOR REFERRALS... 27th March 2024.
Any later referrals will be added to the list for the following group.

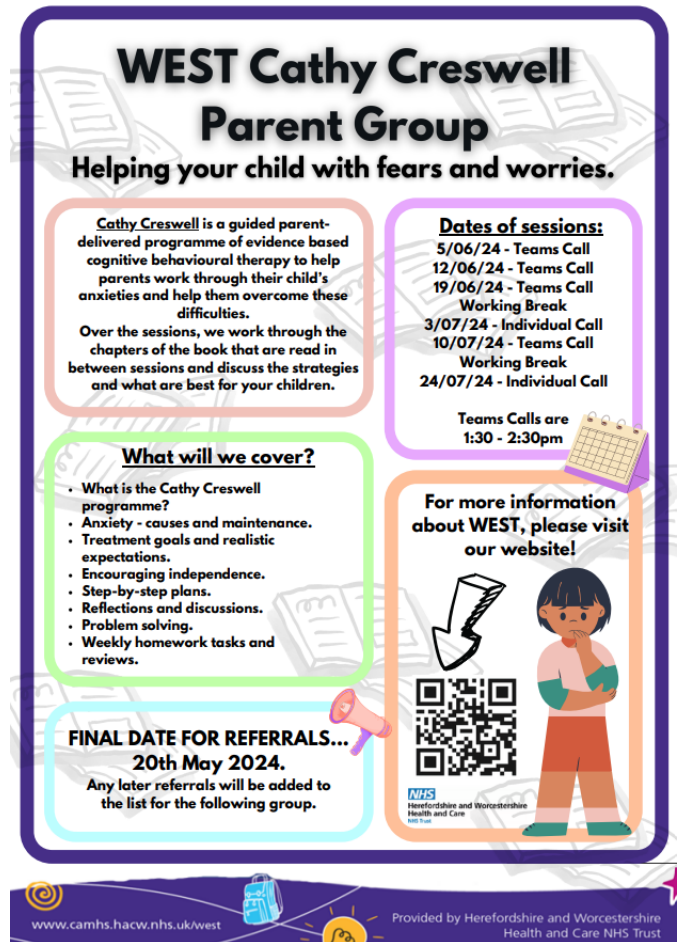




NHS Herefordshire and Worcestershire Health and Care NHS Trust

www.camhs.hacw.nhs.uk/west

Provided by Herefordshire and Worcestershire Health and Care NHS Trust



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Dates of sessions:
5/06/24 - Teams Call
12/06/24 - Teams Call
19/06/24 - Teams Call
Working Break
3/07/24 - Individual Call
10/07/24 - Teams Call
Working Break
24/07/24 - Individual Call


Teams Calls are 1:30 - 2:30pm


What will we cover?

- What is the Cathy Creswell programme?
- Anxiety - causes and maintenance.
- Treatment goals and realistic expectations.
- Encouraging independence.
- Step-by-step plans.
- Reflections and discussions.
- Problem solving.
- Weekly homework tasks and reviews.

For more information about WEST, please visit our website!

FINAL DATE FOR REFERRALS... 20th May 2024.
Any later referrals will be added to the list for the following group.





NHS Herefordshire and Worcestershire Health and Care NHS Trust

www.camhs.hacw.nhs.uk/west

Provided by Herefordshire and Worcestershire Health and Care NHS Trust

The following pages are screenshots of the help and support we can sign-post our families to (used to be called our Early Help offer). The links won't work in this format but they can be accessed from our website page (called Supporting Families under the Parents tab at <https://www.cherryorchard-pri.worcs.sch.uk/>) so please visit if you want to find out more.



Cherry Orchard Primary School and Little Cherries Pre-school



Support for Children and Families

Key Personnel and job roles

Karen Banford - Head Teacher and Designated Safeguarding Lead

Caro Jeynes - Deputy Head Teacher and Deputy Designated Safeguarding Lead

Emma Rowe - Assistant Head Teacher and Deputy Designated Safeguarding Lead

Clare Spencer - Assistant Head Teacher, SENDCo, Designated Teacher for Looked After Children and Deputy Safeguarding Lead

Our Early Help Offer

Early Help is a pathway to supporting you and your child as they grow up when you or they may need further support or guidance.

Providing early help to our pupils and families at **Cherry Orchard Primary School and Little Cherries Pre-school** means we can improve outcomes for children, families, and communities, providing support as soon as a problem emerges, at any point in a child's life, from the early years through to teenage years.

Early Help can support children and their families who may be struggling with:

- Routines and family rules
- Keeping to a healthy lifestyle
- Children who are caring for a family member
- Children who may not want to go to school for different reasons
- Disability within the family including children being a young carer
- Children in the family have special educational needs (SEND)
- Families who may be not be eating healthy food
- Children who may becoming involved in anti-social or criminal behaviour
- Children who go missing from home
- Children or parents / carers misusing drugs or alcohol
- Children at risk of being tricked, forced, or made to work in the criminal world
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems
- Children who have parents who argue a lot (and sometimes might hurt each other) whether the parents live together or apart
- Children at risk of being groomed to join groups which support illegal views
- A privately fostered child (a child from another family living within your family home)

Early help relies upon local groups and people in the community, sometimes we work together to help children, young people, and their families.

Everyone needs help at some time in their lives and therefore an ethos of early help is important for any school.

Help and support at Cherry Orchard

The staff team at Cherry Orchard Primary School and Little Cherries Pre-school, will provide you with support and guidance - please ask one of the team if you need help with issues such as attendance, behaviour, routines at home, financial difficulties, bereavement and counselling etc

Staff are trained to seek further advice and guidance if they do not have the relevant information to hand. The senior leadership team have additional skills and training to help with more specialised situations or levels of support. **Please remember, we are all here to help – just ask!**

Local Services – useful contact details

Local Children's Centre Saffron Children's Centre Stanley Road Primary School, Stanley Road, WR5 1BD	What's on during the school holidays? Holiday clubs at Cherry Orchard Primary School including provision at Little Cherries Pre-school Local Sports Centre:- St John's Sports Centre, Swanpool Walk, WR24EL Worcester Wood Country Park, WR52LG Country side park and café. Admission is free with parking open from 5:00am – 10:00pm.
Perdiswell Young People's Leisure Club Perdiswell Park, Droitwich Road, Worcester WR3 7SN 01905 451372 info@pyplc.co.uk	Worcester Foodbank 7 Lowesmoor Wharf, Lowesmoor, Worcester, WR1 2RS Email: info@worcester.foodbank.org.uk Phone: 01905 780400

<p>Early Help Family Support District Team – Worcester and Malvern</p> <p>Request for Early Help Services - Worcester (worcschildrenfirst.org.uk)</p> <p>Here2Help</p> <p>If you need help or advice call Here2Help on 01905 768053. The Here2Help opening hours are Monday to Thursday 9.00am to 5.00pm and Friday 9.00am to 4.30pm.</p>	<p>Worcester Library</p> <p>The Hive, The Butts, WR13PB</p>
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Early Help Family Support Service:

The Early Help Family Support Service is delivered by Worcestershire Children First directly to families permanently living in Worcestershire who have children aged 0-18 years old and need help and support specifically from a Family Support Worker. For more information, please visit: [Worcestershire Children First Early Help Family Support Service | Worcestershire County Council](#)

Health (including mental health, emotional wellbeing, and sexual health)

The **Starting Well Partnership** offers a range of health services which support both children and families experiencing a range of health issues.

[Worcestershire Health Visiting Service | Starting Well \(startingwellworcs.nhs.uk\)](#)

If your child is under 5 years old and you need advice on issues such as feeding, behaviour, or toileting you can contact the **Telephone Advisory Service** on 0300 123 9551 (Monday – Friday 9am til 3pm). A Health Visitor will assist you over the phone with any worries, concerns, or questions you have.

[School Health Nursing | Starting Well \(startingwellworcs.nhs.uk\)](#)

School health nurses offer a range of services such as home visits, health needs assessments, time4u drop-in service, school aged hearing and national child measurement programme to support the needs of children and their families.

[Text service supporting young people | Starting Well \(startingwellworcs.nhs.uk\)](#)

Chat health is a free and confidential text service for young people in need of advice or support. To confidentially contact your school nurse, text: 07507331750

[Social Prescribing: Onside Advocacy, Worcestershire \(onside-advocacy.org.uk\)](#)

Social Prescribers support you to take control of your health and look after yourself by making connections with the different types of community support available.

[CAMHS | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](https://www.hacw.nhs.uk)

CAMHS provides mental health help to children, young people and their families across Herefordshire and Worcestershire

[Home - Kooth](#)

Kooth is an online mental wellbeing community which offers free, safe, and anonymous support.

[Reach 4 Wellbeing | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](https://www.hacw.nhs.uk)

The **Reach4Wellbeing** team promotes positive wellbeing to reduce the stigma of mental health by providing short-term group programmes for children and young people age 5-18 experiencing mild to moderate anxiety and low mood.

[Papyrus UK Suicide Prevention | Prevention of Young Suicide \(papyrus-uk.org\)](https://www.papyrus-uk.org)

Papyrus can offer suicide prevent support providing free and confidential helplines, advice, webchats, and resources.

[Home | Healthy Minds \(whct.nhs.uk\)](https://www.whct.nhs.uk)

Healthy Minds' 24/7 mental health helpline provides support or advice if you, or someone you know, is experiencing a mental health crisis and needs urgent help. Its available 24 hours a day to anyone in Herefordshire and Worcestershire.

[Winston's Wish - giving hope to grieving children \(winstonswish.org\)](https://www.winstonswish.org)

Winston's Wish provide support for children and young people following the death of a sibling, parent, or a person important to a child.

[Sexual Health Know Your Stuff | Sexual health | Worcestershire County Council](#)

[Worcestershire Integrated Sexual Health Service \(WISH\) | Herefordshire and Worcestershire Health and Care NHS Trust \(hacw.nhs.uk\)](#)

WISH offer friendly and non-judgemental specialist services to support with information and advice, contraception, pregnancy, STIs and screening.

Under 21 Saturday Service - Clinic telephone lines are open between 10:00am – 12:30pm on Saturdays - Please call: 01905 681673 for further details.

Young People have a telephone consultation and are asked questions about their relationships. Callers will be advised what to do next and directed towards a clinic if necessary.

WISH have a dedicated Outreach nursing service. Referral forms can be found at www.knowyourstuff.nhs.uk. The Outreach team see young and vulnerable people who couldn't otherwise access sexual health services.

Free STI test kits and contraception: [SH:24 Free Home STI STD Test | Sexual & Reproductive Health \(sh24.org.uk\)](https://www.sh24.org.uk)

Bullying (including Cyberbullying)

If you are concerned your child or a child, you know is being bullied there are several services and useful links which can help you support your child as a parent.

In the first instance if bullying is happening at school, please speak to a member of staff who will be able to help.

The following links will provide you with more information if you or someone you know is being bullied:

[Is your child or someone you know being bullied? | Worcestershire County Council](#)

[Are you being bullied? | Worcestershire County Council](#)

[Cyberbullying | Worcestershire County Council](#)

[Kidscape | Resources and Publications](#)

Online Safety

If you have concerns around the safety of your child or a child you know online, the following links will provide you with information, support, and advice to help understand the risks and keep your child safe online:

- [Think U Know | Information for parents](#)
- [Online safety | Barnardo's \(barnardos.org.uk\)](#)
- [Educate Against Hate](#)
- [www.internetmatters.org](#)
- [BBC | 8 tips for staying safe online](#)

Sexting is the sending or receiving of sexually explicit images, videos or conversations online.

[Sexting and sending nudes | NSPCC](#)

[Think U Know | Parents Sexting Guide](#)

Relationships

The following services and links offer information, advice, and intervention on healthy relationships for your family and children:

- [Healthy relationships | NSPCC](#)
- Challenges at home: [Harmony at Home – Information and support for parent carers | Worcestershire County Council](#)
- CRUSH is an awareness raising and support programme to help young people make safe and healthy relationships. <http://www.westmerciawomensaid.org/crush/>
- [Relationships | The Family Hub | Worcestershire County Council](#)

Friendships and relationship in teenagers

Making friends and starting new relationships are a big part of getting older. It's very common to fall out with friends or break up from relationships – which can be very difficult to deal with. You might also be in a relationship that doesn't feel right and need some advice about what to do. The websites below contain lots of information about making friends, peer pressure, healthy and unhealthy relationships, sex and much more. There is also information available for parents around how to talk to your child about friendships, sex and relationships.

[Childline - Friends, relationships and sex \(opens in a new window\)](#)

[Disrespect Nobody - Signs to spot \(opens in a new window\)](#)

[NHS Choices - How to talk to your child about sex \(opens in a new window\)](#)

[NHS Choices - Sex and young people \(opens in a new window\)](#)

SEND (Special Educational Needs and/or Disabilities)

Our SENDCO at Cherry Orchard Primary School and Little Cherries, will be pleased to talk to you in confidence about the needs of your child/family – please contact them via the school office team. We offer telephone, email or face to face contact – we are happy to discuss any concerns however large or small they may be.

If you are looking for information or advice the following links will help you:

[SEND Information | Cherry Orchard Primary School \(cherryorchard-pri.worcs.sch.uk\)](#)

[SEND Local Offer | Worcestershire County Council](#) or contact localoffer@worcschildrenfirst.org.uk

SEND Information, Advice, Support Service [SENDIASS Worcestershire and Herefordshire \(hwsendiass.co.uk\)](#)

[Social care support for children with disabilities | Worcestershire County Council](#)



Parenting support



Health and wellbeing



SEND Local Offer



Housing and finances

The Online Family Hub has been developed to provide you with a range of different types of resources that are available to you online, on the phone or face to face that you can access directly.

The Family Hub can offer you support and information with the challenge's family life can bring.

[The Family Hub | Worcestershire County Council](#)



Relationships



Early Help Family Support



GET SAFE



Early Help Booklet

Early Help in Worcestershire have created a booklet to help families find out about the help and support available in the county for children and young people aged 0-18 years old. The new booklet will help you and families find the most appropriate support.

To download this booklet, please visit: [The Family Hub | Worcestershire County Council](#)

Worcestershire Young Carers

Worcestershire Young Carers aim to identify, and support children and young people aged 7 to 24 years who have a caring role within the home and help look after a parent, sibling, or grandparent due to illness, disability, physical or mental health difficulties or substance misuse.

[Worcestershire Young Carers/Shropshire Young Carers | YSS](#)

[Carers | Worcestershire County Council](#)

Finance, Housing and Employment

If you are facing challenges around employment and income, please contact the local job centre who can with offer support with jobseekers' allowance, incapacity benefit, employment and support allowance and income support:

[Local] Job Centre Plus,

Worcester Job Centre Plus, Haswell House, Sansome Street, Worcester, WR1 1UZ
Telephone: 0845 6043719

Citizen's Advice Bureau [Worcester Citizens Advice Bureau and WHABAC \(Worcester Housing and Benefits Advice Centre\) \(citizensadviceworcester.org.uk\)](#)

Building Better Opportunities is a service to help local people move closer to employment. [Building Better Opportunities \(fusionworcs.co.uk\)](#)

For information on what financial and housing support is available in Worcestershire, please visit: [Housing and finances | The Family Hub | Worcestershire County Council](#)

Parenting Support

The Starting Well Partnership offer a range of parenting support, information, groups, and courses. For information on the groups available please visit: [Parenting groups | Starting Well \(startingwellworcs.nhs.uk\)](#)

Parenting Talk is an online hub offering information, advice, and a free confidential online chat with a parenting advisor.

[Parent Talk - Support for Parents from Action For Children](#)

Homestart can work with you to provide one to one support in the family home each week. This service provides support tailored to your needs and can help you as parents they learn to cope and build confidence to provide as best you can for your children.

[Home-Start | South Worcestershire \(home-startsw.org.uk\)](#)

Family Information Service

Do you need advice and support around finding childcare? The following link will provide you with the contact details of the Family Information Service's District Teams: [Family Information Service | Worcestershire County Council](#)

Substance Misuse

[Swanswell - Cranstoun](#)

Here 4 Youth is support service for children and young people up to the age of 18 who may be struggling with their use of drug and / or alcohol. [Here4YOUth Worcestershire - Cranstoun](#)

Do you have a family member in prison?

Do you have a family member in prison which is having an impact on your child? Support is available to work with both the person in prison and your family.

[NICCO](#)

Families First provides support and guidance in a safe space, to enable the whole family to cope with the demands of having a partner, and parent, in prison: [Families First | YSS](#)

Get Safe

If you are worried your child is at risk of being tricked, forced, or made to work in the criminal world please speak to a member of staff and visit [Get Safe](#) for help and information.

If you are experiencing any of these challenges or issues affecting family life, please contact a member of staff who will be happy to provide you further advice and support.

A Parent's Guide to Cyberbullying



Many young people who are victims of cyberbullying suffer in silence.

They feel they can't turn to parents or a trusted adult for support as they fear they may get in trouble or have their devices taken away from them. It can carry on all day, all evening and all weekend for the world to see, causing a lot of emotional stress to the victim and their family.



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online



It can very quickly lead to the victim feeling trapped, scared and vulnerable to grooming and blackmail.



Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipssed.com Tel: +44 121 227 1941

Developed in partnership with



Community News

Diglis Fields junior parkrun

What is Diglis Fields junior parkrun?

A free, fun, and friendly weekly 2k event for juniors (4 to 14 year olds). Nearby Saturday parkrun events can be found [here](#).

When is it?

It is held every Sunday at 9:00am.

Where is it?

The event takes place at Diglis Fields, Diglis Lane, Worcester, WR5 3FB. See [Course page](#) for more details.

What does it cost to join in?

Nothing - it's free! but please [register](#) before you first come along. Only ever register with parkrun once and don't forget to bring a [scannable](#) copy of your barcode ([request a reminder](#)). If you forget it, [you won't get a time](#).

How fast do I have to be?

The aim is to have fun. Please come along and join in whatever your pace!



Thanks to this week's volunteers

Aelwen REES • Allison HIGGINS • Ariane MCGRAHAN
Beatrice CHAMBERLAIN-FRENCH • Cara MCGRAHAN
Carole RUDOLF • Charlotte CAPEL • Dave WHITTAKER
Denise BESSANT • Dylan BELL BALDI • Georgia PLANT
Gerry RUDOLF • Joyce MORRISON • Karen COOPER
Lisa ROUSE • Liz JAEGER • Lucy CAPEL • Matthew CAPEL
Nichola Clair ROBINSON • Nicola BROWN • Phil WOOD
Richard ELWELL • Ross ROBINSON • Sarah FERNIHOUGH
Sophie BELL • Steve NICOLL

See our [volunteer page](#) for information on how you can get involved.

[home](#) | [Diglis Fields junior parkrun](#) | [Diglis Fields junior parkrun](#)



Rainbows volunteers required

Rainbows welcomes all girls from 4-7 years old for play, learning and lots of fun in a colourful, safe space.

We are currently looking for two committed volunteers to run the existing 8th Worcester Unit from September 2024.

The unit meets at St Marks Church Hall every Tuesday (during term time) from 4.45pm - 6pm.

If you would like to put yourself forward or find out more details about what the role involves please contact the current leader, Melanie Benson-Stelling on 07825 279418.

Please note that all volunteers within the Girl Guiding programme are subject to a DBS check, mandatory training in First Aid and Safe Space are also required (provided and funded by Girl Guiding).



WE NEED YOU!



WE ARE HIRING

LUNCHTIME SUPERVISORS

- MONDAY - FRIDAY
- TERM TIME ONLY
- 1.25 HOURS PER DAY
- PERMANENT CONTRACT

JOIN OUR
TEAM



Pop into the school office or give us a ring on 01905 352787 for futher details and apply via the form on our website:

<https://www.cherryorchard-pri.worcs.sch.uk/current-vacancies/>

